

Workshop Title: Methodological Coherence in Qualitative Research

Date/Time: Wednesday October 17, 12:00-4:30pm

Location: University of Toronto (on-campus; room/location to be confirmed)

Cost: \$40 for graduate students/postdoctoral researchers, \$60 for faculty members (lunch, snacks, and refreshments are included in workshop registration fee)

Workshop Organizers: Katherine Tamminen, Zoe Poucher, Jeff Caron, Shane Sweet, Nick Holt

Workshop Objective/Purpose: The purpose of this workshop is to develop participants' understanding of qualitative research methods and methodologies in sport and exercise psychology. Specifically, this workshop will center around the concept of 'methodological coherence' in qualitative research, which connects the philosophical position/paradigm to the methodologies and methods used within a study (Davis, 2012; Mayan, 2009). We will examine foundational issues of epistemology, ontology, paradigms/philosophical positions, methodologies, and methods in qualitative research. Participants will leave this workshop with an understanding of various philosophical paradigms that underpin qualitative inquiry, and the implications of these for conducting qualitative research in sport and exercise settings.

The structure of the workshop will be a mixture of lecture/presentations, hands-on activities, and discussions. The workshop is designed to allow participants to explore the use of different qualitative methodologies to investigate their own topics of interest. Our aim is to create a relaxed and supportive environment to foster discussion and answer questions that participants may have about the complexities of qualitative inquiry.

This workshop will be ideal for graduate students and faculty members who have a basic understanding of qualitative research methods but who want deeper knowledge about conducting rigorous, philosophically- and methodologically-aligned qualitative research. Participants will learn about the different paradigms and philosophical positions that underpin qualitative research and how to identify and develop research questions that align with these paradigms. Participants at this workshop will be assumed to have some familiarity with qualitative research, although it is not expected that participants will have necessarily conducted qualitative studies themselves.

Pre-Workshop Reading: Participants will be sent a chapter to read prior to the workshop. This reading will provide an overview of qualitative research methodologies as well as an overview of paradigms/philosophical positions and will serve as a basis for discussion.

Please direct any questions to katherine.tamminen@utoronto.ca