

# 2018 SCAPPS Conference Academic Program

Chestnut Conference Centre Toronto, Ontario Canada October 18-20, 2018

# **Franklin Henry Young Scientist Award Presentations** Thursday 5:00-7:00pm

Location: Colony East Chair: Luc Tremblay

NARRATIVES OF PARTICIPATION AMONG INDIVIDUALS WITH PHYSICAL DISABILITIES: A LIFE-COURSE ANALYSIS OF ATHLETES' EXPERIENCES AND DEVELOPMENT IN PARASPORT Veronica Allan, *Queen's University* 

DYAD PRACTICE IMPACTS SELF-DIRECTED PRACTICE BEHAVIORS AND MOTOR LEARNING OUTCOMES IN A CONTEXTUAL INTERFERENCE PARADIGM April Karlinsky, *University of British Columbia* 

EMOTIONAL CONSEQUENCES OF SELF-WEIGHING: A DAILY DIARY STUDY IN WOMEN WITH COMORBID HISTORY OF BREAST CANCER AND OBESITY Eva Pila, *University of Toronto* 

> Poster Session 1 Thursday 7:00-9:00pm Wine and Cheese Reception 7:00-11:00pm Location: Colony West & Colony Centre

### SPORT PSYCHOLOGY

- 1. AN INTERROGATION OF COLLEGIATE STUDENT ATHLETES' CONSTRUCTIONS OF HEALTH, FITNESS, AND BODY IMAGE Bradley Crocker, *McGill University* Lindsay Duncan, *McGill University*
- SUBCONCUSSIVE HEAD IMPACTS IN SPORT: A SYSTEMATIC REVIEW OF THE EVIDENCE Sandhya Mylabathula, University of Toronto Lynda Mainwaring, University of Toronto Kaleigh Ferdinand Pennock, University of Toronto Benjamin Z. Alavie, University of Toronto
- EXPERIENCING DEFEAT IN COMPETITION: COGNITIVE APPRAISAL, STRESS, AND EMOTION REGULATION IN COMPETITORS HIGH AND LOW IN SELF-COMPASSION Amber Mosewich, University of Alberta Benjamin Sereda, University of Alberta Craig Chapman, University of Alberta Tanya Berry, University of Alberta

- 4. A CROSS-CULTURAL ADAPTATION OF THE UNIVERSITY SPORT EXPERIENCE SURVEY Scott Rathwell, University of Lethbridge Patricia Gaion, State University of Maringa Fernando Santos, Polytechnic Institute of Porto and Viana do Castelo Aryelle Caruzzo, State University of Maringa Rhuan Lima, State University of Maringa Vinicius Gobbi, State University of Maringa
- 5. EXPLORING THE CORRELATION BETWEEN ROLE AMBIGUITY AND ATHLETE SPORT SATISFACTION Erica J.McLean, *Dalhousie University* Lori Dithurbide, *Dalhousie University*
- 6. EXAMINING IDENTITY, PERSONALITY, STRESS AND SOCIAL SUPPORT AMONG VARSITY STUDENT-ATHLETES Zacharie Holmes, *University of Toronto* Katherine A. Tamminen, *University of Toronto*
- 7. PEER ATHLETE MENTORING FROM THE MENTOR'S PERSPECTIVE: A RETROSPECTIVE CASE STUDY Matt D. Hoffmann, *University of Windsor* Todd M. Loughead, *University of Windsor* Jeffrey G. Caron, *University of Montreal*
- A CITATION NETWORK ANALYSIS OF MENTORING IN SPORT Jordan S. Lefebvre, *McGill University* Gordon A. Bloom, *McGill University* Todd M. Loughead, *University of Windsor*
- 9. PERFECTIONISM AND REHABILITATION OVERADHERENCE AMONG INJURED ATHLETES Kristi R. MacWilliam, Lakehead University John K. Gotwals, Lakehead University Paolo Sanzo, Lakehead University Leanne Smith, Lakehead University
- 10. SITTING DUCKS: EXPLORING THE ROLE OF SEDENTARY BEHAVIOUR ON CHRONIC DISEASE PREVALENCE IN MASTERS ATHLETES AND CHESS PLAYERS Shruti Patelia, York University Joseph Baker, York University
- 11. SOCIAL AND MOTOR SKILLS OF CHILDREN AND YOUTH WITH ASD FROM THE PERSPECTIVES OF CAREGIVERS Brianne Redquest, Wilfrid Laurier University Pam Bryden, Wilfrid Laurier University

Paula Fletcher, Wilfrid Laurier University

- 12. TRAINING OUTCOMES AND PROGRAM DELIVERY: PILOT EVALUATION OF A TRAUMA-INFORMED SPORT PROGRAM Majidullah Shaikh, University of Ottawa Corliss Bean, University of British Columbia (Okanagan) Tanya Forneris, University of British Columbia (Okanagan)
- 13. A REVIEW OF THE EVIDENCE ON ADOLESCENT ATHLETE CONCUSSION UNDER-REPORTING: BARRIERS AND FACILITATORS OF CONCUSSION SYMPTOM DISCLOSURE Kaleigh Ferdinand Pennock, *University of Toronto* Lynda Mainwaring, *University of Toronto*
- 14. ENGAGING ADOLESCENT ATHLETES WITH EFFECTIVE MESSAGING TO PREVENT DOPING IN SPORT Laura Hallward, *McGill University* Lindsay R. Duncan, *McGill University*
- 15. SPORT PARTICIPATION PROFILES OF HIGH-PERFORMANCE ADOLESCENT ATHLETES: INITIAL AND SECONDARY SPORT SAMPLING Kacey C. Neely, University of Stirling Colin J. Deal, University of Alberta Amber D. Mosewich, University of Alberta Tara-Leigh F. McHugh, University of Alberta Nicholas L. Holt, University of Alberta
- 16. UNDERSTANDING THE PROCESS OF LIFE SKILLS APPLICATION BEYOND SPORT

Martin Camire, University of Ottawa Kelsey Kendellen, University of Ottawa

- 17. THE INFLUENCE OF ATTACHMENT ORIENTATION ON BASKETBALL PLAYERS' FREE THROW PERFORMANCE UNDER PRESSURE Mishka Blacker, *Brock University*
- INCREMENTAL VALIDITY EVIDENCE SUPPORTING THE DOMAIN-SPECIFIC CONCEPTUALIZATION AND MEASUREMENT OF GRIT IN INTERCOLLEGIATE STUDENT-ATHLETES Danielle L. Cormier, University of Alberta John G. H. Dunn, University of Alberta
   EXAMINING THE ASSOCIATIONS BETWEEN GRIT, SELF-CONTROL AND SPORT EXPERTISE: A REPLICATION STUDY Rafael A. B. Tedesqui, University of Ottawa Lindsay McCardle, University of Ottawa; York University Lisa Bain, University of Ottawa

Joseph Baker, York University Bradley W. Young, University of Ottawa

- 20. CONFIRMATORY FACTOR ANALYSIS OF THE MUSICIAN'S SELF-REGULATION IMAGERY SCALE Katherine Finch, University of Waterloo Jonathan Oakman, University of Waterloo Alex Milovanov, University of Waterloo Beth Keleher, University of Waterloo Kevin Capobianco, University of Waterloo Walter Mittelstaedt, University of Waterloo
- 21. THE INFLUENCE OF GENERAL COGNITIVE TRAINING ON SPORT-SPECIFIC PERFORMANCE IN WHEELCHAIR BASKETBALL Annie Pietroniro, University of Ontario Institute of Technology Joseph Baker, York University Srdjan Lemez, California State University Nick Wattie, University of Ontario Institute of Technology
- 22. DIFFERENCE IN SLEEP AND MENTAL DISTRESS BETWEEN IN-SEASON AND OUT OF SEASON UNIVERSITY ATHLETES Chris Gladney, *Brock University*

# **EXERCISE PSYCHOLOGY**

- 23. I CAN GRADUALLY BECOME MORE ACTIVE, DESPITE THE PAIN: THE RELATIONSHIP BETWEEN FEAR AVOIDANCE BELIEFS, DEPRESSION, SELF-EFFICACY, AND PHYSICAL ACTIVITY AMONG PEOPLE WITH BACK PAIN Vera Storm, University of Münster
- 24. THE ROLE OF CURRENT AND ANTICIPATED BODY SHAME IN PHYSICAL ACTIVITY: AN EXTENSION OF OBJECTIFICATION THEORY Eva Pila, Centre for Addiction and Mental Health Jenna Gilchrist, Pennsylvania State University Margo Adam, University of Saskatchewan Catherine Sabiston, University of Toronto
- 25. EFFECTS OF MENTAL FATIGUE ON EXERCISE DECISION-MAKING Sheeran Harris, *McMaster University* Steven R. Bray, *McMaster University*
- 26. EXAMINING WEEKLY PSYCHOLOGICAL DISTRESS AND STRESS IN FIRST-YEAR UNIVERSITY STUDENTS: RESULTS FROM THE PILOT PLUS PROGRAM Pallavi Dutta, *McMaster University* C. Healey, *McMaster University* Jeffrey Graham, *McMaster University*

John Cairney, University of Toronto Matthew Kwan, McMaster University

27. EXAMINING THE EFFECT OF EXERCISE BREAK INTENSITY ON ATTENTION AND LEARNING IN A UNIVERSITY SETTING.

Michelle Ogrodnik, McMaster University Barbara Fenesi, University of Western Ontario Jennifer Heisz, McMaster University

28. IMPROVING THE WELL-BEING OF UNIVERSITY STUDENTS THROUGH IN-CLASS "FIT-BREAKS": A TWO-PART INVESTIGATION

Alyona Koulanova, University of Toronto Catherine Sabiston, University of Toronto Ary Maharaj, University of Toronto Jessica Dere, University of Toronto Michelle Silver, University of Toronto Brian Harrington, University of Toronto

29. PILOT TESTING THE EFFECTIVENESS OF A COMMUNITY-BASED YOGA PROGRAM ON HEALTH OUTCOMES AMONG ADULTS LIVING WITH CHRONIC PAIN Jocelyn E. Blouin, University of Saskatchewan Tessia M. Philipenko, University of Saskatchewan

Tessia M. Philipenko, University of Saskatchewan Nancy C. Gyurcsik, University of Saskatchewan

30. EVALUATION OF A MOTIVATIONAL INTERVIEWING INFORMED WORKSHOP FOR TRAINEES IN A DIABETES PREVENTION PROGRAM IN THE COMMUNITY

Elena Ivanova, University of British Columbia Connie Davis, Centre for Collaboration, Motivation and Innovation Kaela Cranston, University of British Columbia Mary Jung, University of British Columbia

- 31. EXPLORING LINKS BETWEEN SELF-REGULATORY EFFICACY, SELF-MONITORING AND PHYSICAL ACTIVITY IN PEOPLE WITH PREDIABETES Megan MacPherson, University of British Columbia Sean Locke, University of British Columbia Mary Jung, University of British Columbia
- 32. USING A LIFESTYLE MANAGEMENT APPLICATION FOR WOMEN WITH PREDIABETES TO ASSIST WITH BEHAVIOUR CHANGE: A QUALITATIVE EXPLORATION Corliss Bean, University of British Columbia Elena Ivanova, University of British Columbia Mary E. Jung, University of British Columbia

33. PARTICIPATION IN PHYSICAL ACTIVITY AND MOVEMENT-RELATED ACTIVITIES: TOP PRIORITY FOR ADULTS LIVING WITH COPD Emilie Michalovic, McGill University Dennis Jensen, McGill University Evan G. Bishop, McGill University Ron Dandurand, McGill University Nathalie Saad, McGill University Nicole Ezer, McGill University Gregory Moullec, Université de Montréal Benjamin M. Smith, McGill University Jean Bourbeau, McGill University Shane N. Sweet, McGill University

34. IS PATIENT ATTACHMENT AN IMPORTANT CONSIDERATION WHEN EXAMINING SUPPORT AND EFFICACY DYNAMICS IN EXERCISE-BASED CARDIAC REHABILITATION? Chris Shields, Acadia University Merisha Lewis, Acadia University Diane Holmberg, Acadia University

35. HEALTH OUTCOMES OF RECEIVING PEER MENTORSHIP FOR ADULTS LIVING WITH SPINAL CORD INJURY: A QUALITATIVE META-SYNTHESIS. Zhiyang Shi, *McGill University* Meredith Rocchi, *McGill University* Christopher B McBride, *SCI BC* Rob Shaw, *University of British Columbia* Shane Sweet, *McGill University*

- 36. A QUALITATIVE META-STUDY OF SOCIAL SUPPORT IN PHYSICAL ACTIVITY FOR ADULT CANCER SURVIVORS Meaghan McDonough, University of Calgary Jayne L. Beselt, University of Calgary Liam J. Kronlund, University of Calgary Natalia K. Albinati, University of Calgary Melanie S. Trudeau, University of Calgary S. Nicole Culos-Reed, University of Calgary Julia T. Daun, University of Calgary William Bridel, University of Calgary
- 37. UNDERSTANDING THE IMPORTANCE OF PHYSICAL ACTIVITY PARTNERS FOR WOMEN DIAGNOSED WITH CANCER Angela Fong, *Queens University* Catherine M. Sabiston, *University of Toronto*
- 38. CONFUSED AND AFRAID IN THE WILDERNESS: THE CASE OF EXERCISE SELF-EFFICACY IN CARDIAC REHABILITATION Lawrence Brawley, *University of Saskatchewan*

Sean Locke, University of British Columbia

- 39. EXPLORING COMMUNITY-BASED ACTIVITY PROGRAMMING FOR PEOPLE WITH SEVERE PHYSICAL DISABILITIES George Roumeliotis, *McGill University* Jeffrey G. Caron, *Yale University* Shane N. Sweet, *McGill University*
- 40. POST-TRAUMATIC GROWTH INFLUENCES PHYSICAL ACTIVITY WITHIN THE FIRST YEAR FOLLOWING BREAST CANCER TREATMENT Elizabeth Cox, University of Toronto Jenna D. Gilchrist, University of Toronto Catherine Sabiston, University of Toronto
- 41. FITNESS, FATNESS AND SELF CONCEPT IN CHILDREN Stephanie Babij, University of Toronto Laura St. John, University of Toronto Scott Veldhuizen, University of Toronto John Cairney, University of Toronto
- 42. SYSTEMATIC REVIEW OF THE EFFECTS OF PHYSICAL ACTIVITY ON MENTAL HEALTH OUTCOMES IN CHILDREN AND ADOLESCENTS WITH NEURODEVELOPMENTAL DISORDERS Jeffrey Graham, *McMaster University* Chloe Bedard, *McMaster University* Emily Bremer, *McMaster University* John Cairney, *University of Toronto*
- 43. COMPARING ACCELEROMETER CUT-POINTS IN YOUTH WITH PHYSICAL DISABILITIES

Dragana Javorina, University of Toronto Ritu Sharma, University of Toronto Samantha Stephens, Centre of Brain and Mental Health, The Hospital for Sick Children Kelly Arbour-Nicitopoulos, University of Toronto

- 44. EXPLORING AWARENESS AND RECALL OF THE CANADIAN 24-HOUR MOVEMENT GUIDELINES FOR CHILDREN AND YOUTH Alexandra Walters, *Queens University* Emily M. Tennant, *Queens University* Alexander Lithopoulos, *Queens University* Shannon E. Weissman, *Queens University* Amy Latimer-Cheung, *Queens University*
- 45. ENJOYMENT AND SELF-EFFICACY FOR PHYSICAL ACTIVITY AS MEDIATORS OF THE FRIENDSHIP NETWORK AND CHILDREN'S PHYSICAL ACTIVITY Jodie Stearns, *University of Alberta*

Paul J. Veugelers, University of Alberta Nick Holt, University of Alberta John C. Spence, University of Alberta

46. PICTURE THIS: USING PHOTOGRAPHS TO DESCRIBE THE RELATIONSHIP BETWEEN PHYSICAL ACTIVITY AND BODY IMAGE IN UNIVERSITY WOMEN Hannah Rose, *Brock University* Kimberley Gammage, *Brock University* 

47. ONE OF THESE IS NOT LIKE THE OTHER: LIVED EXPERIENCES OF FEMALES PLAYING ON MALE SPORT TEAMS Karly R. Zammit, University of Toronto Shea Balish, University of Toronto Catherine M. Sabiston, University of Toronto

### **MOTOR CONTROL & LEARNING**

48. PARENTAL PERCEPTION OF CHILDREN WITH DEVELOPMENTAL COORDINATION DISORDER Laura R St John, University of Toronto Anne Mienkowski, University of Toronto M Christine Rodriguez, University of Toronto John Cairney, University of Toronto
49. EXAMINING RELATIVE AGE EFFECTS IN THE CANADIAN SPORT SCHOOL

49. EXAMINING RELATIVE AGE EFFECTS IN THE CANADIAN SPORT SCHO HOCKEY LEAGUE Mark S Rice, University of British Columbia Darren ER Warburton, University of British Shannon SD Bredin, University of British Columbia

50. BEFORE YOU GET ON THE GREEN, MEDITATE IN SILENCE Sadiya Abdulrabba, University of Toronto Gerome Manson, University of Toronto Valentin Crainic, University of Toronto Benjamin Juan, Aix Marseille University Theo Fornerone, Aix Marseille University Laurence Mouchnino, Aix Marseille University Luc Tremblay, University of Toronto

51. WISE OR DECREPIT? THE EFFECTS OF AGE-RELATED PRIMES ON A MANUAL AIMING TASK. Jennifer E. Swansburg, *Dalhousie University* Alyssa Chilco, *Dalhousie University* Brad A. Meisner, *Dalhousie University* Heather F. Neyedli, *Dalhousie University*  52. THE SINGLE-BOUT POST-EXERCISE EXECUTIVE BENEFIT IS INDEPENDENT OF AEROBICALLY SUPPORTED METABOLIC COSTS Matthew Heath, University of Western Ontario Andrea Petrella, University of Western Ontario David Limb, University of Western Ontario Andre Pelletier, University of Western Ontario Glen Belfry, University of Western Ontario

53. APPLYING EVENT-RELATED DEEP BRAIN STIMULATION TO INVESTIGATE THE CAUSAL ROLE OF THE SUBTHALAMIC NUCLEUS IN STOPPING MOTOR RESPONSES.

Neil M. Drummond, University Health Network Adam R. Aron, University of California- San Diego Ayda Ghahremani, University Health Network Kaviraja Udupa, National Institute of Mental Health and Neurosciences Robert Chen, University of Toronto

- 54. USING UPPER-LIMB TENDON/ MUSCLE VIBRATION FOR IMPROVING UPPER-LIMB FUNCTIONAL MOTOR PERFORMANCE IN PERSONS WITH CHRONIC STROKE: A SYSTEMATIC REVIEW AND META-ANALYSIS Niyousha Mortaza, University of Manitoba Ahmed Abou-Setta, University of Manitoba Ryan Zarychanski, CancerCare Manitoba Hal Loewen, University of Manitoba Rasheda Rabbani, University of Manitoba Cheryl M. Glazebrook, University of Manitoba
- 55. IS UNIMANUAL HANDEDNESS RELATED TO THE ACTION HAND OR THE SUPPORTING HAND IN A BIMANUAL TASK? Kim Arbour, Wilfrid Laurier University Alexandra Cistrone, Wilfrid Laurier University Pamela J. Bryden, Wilfrid Laurier University
- 56. MAPPING SOMATOSENSORY VS. VISUAL TARGETS FOR THE ONLINE CONTROL OF THE UNSEEN LIMB Gerome Manson, University of Toronto Animesh Kumawat, University of Toronto Valentin Crainic, University of Toronto Damian Manzone, University of Toronto Jean Blouin, Aix-Marseille University Luc Tremblay, University of Toronto
- 57. COMPARING ERRORFUL AND ERROR-FREE VISUOMOTOR ADAPTATION TO TEST FOR UNINTENTIONAL AFTER-EFFECTS IN OBSERVERS Beverley C Larssen, University of British Columbia Anthony Sze, University of British Columbia Nicola J Hodges, University of British Columbia

58. MODELING THE TIME COURSE OF CHANGE FOLLOWING VISUOMOTOR ADAPTATION IN MOVEMENT, PROPRIOCEPTION AND PREDICTION Jennifer Ruttle, York University Bernard 't Hart, Centre for Vision Research Denise Henriques, York University

59. INCORPORATION OF A STOP SIGNAL TASK DOES NOT IMPAIR LEARNING OF A SERIAL KEY-PRESS TASK: EVIDENCE AGAINST INHIBITION-INDUCED FORGETTING IN EXPLICIT MOTOR LEARNING Julia De Pieri, University of Ottawa Caroline Dutil, University of Ottawa Dana Maslovat, University of British Columbia Victoria Smith, University of Ottawa Anthony N. Carlsen, University of Ottawa

- 60. THE INFLUENCE OF GROUP COHESION ON TASK CO-REPRESENTATION Melanie Lam, *St. Francis Xavier University* Celina Evans, *St. Francis Xavier University*
- 61. REDUCED VISUAL FEEDBACK ENHANCES THE BENEFIT OF RHYTHMIC AUDITORY STIMULI Carrie, M. Peters, *University of Manitoba* Cheryl, M. Glazebrook, *University of Manitoba*
- 62. INVESTIGATING DIFFERENCES IN REACTION TIME AND PREPARATORY ACTIVATION AS A RESULT OF VARYING ACCURACY REQUIREMENTS Alexandra Leguerrier, University of Ottawa Dana Maslovat, University of British Columbia Anthony N. Carlsen, University of Ottawa
- 63. THE EFFECTS OF STAND-UP DESKS: A ONE YEAR FOLLOW UP WITH ACADEMIC OFFICE STAFF Dwayne Sheehan, *Mount Royal University* Diala Ammar, *Mount Royal University*
- 64. PANTOMIME-GRASPING DEMONSTRATES A SHAPE-DEPENDENT VISUOPERCEPTUAL RESOLUTION Naila Ayala, University of Western Ontario Diksha Shukla, University of Western Ontario Joseph Manzone, University of Toronto Matthew Heath, University of Western Ontario
- 65. TRANSCRANIAL DIRECT CURRENT STIMULATION (TDCS) OVER SUPPLEMENTARY MOTOR AREA (SMA) IMPROVES UPPER LIMB MOVEMENT IN INDIVIDUALS WITH PARKINSON'S DISEASE Aline Tiemi Kami, *University of Ottawa*

Christin Sadler, University of Ottawa Julie Nantel, University of Ottawa Anthony N. Carlsen, University of Ottawa

- 66. THE EFFECT OF PERCEIVED SOCIAL COMMUNICATIONS SKILLS ON MOTOR PERFORMANCE DURING AN AUDIOVISUAL CHOICE REACTION TIME TASK Jessica C. Sutton, University of Manitoba McKenna J.M. Brown, University of Manitoba Ilana D. Naiman, University of Toronto Cheryl M. Glazebrook, University of Manitoba
- 67. CAN SENSORY TRAINING IMPROVE THE PRIMARY MOTOR IMPAIRMENTS OF PARKINSON'S DISEASE? Kishoree Sangarapillai, *Wilfrid Laurier University* Quincy Almeida, *Wilfrid Laurier University*
- 68. USING NEUROFEEDBACK FROM MOTOR CORTEX TO REDUCE TREMOR IN ESSENTIAL TREMOR Chelsey K. Sanderson, *Dalhousie University* Heather F. Neyedli, *Dalhousie University*
- 69. SEQUENCE AIMING MOVEMENT BETWEEN NERVOUS SYSTEMS James Roberts, *Liverpool Hope University* Gavin Lawrence, *Bangor University*
- 70. THE EFFECT OF VARYING THE SECOND TARGET LOCATION ON MOVEMENT INTEGRATION; ONE-TARGET ADVANTAGE AND TARGET PERTURBATION Salah Sarteep, Salahaddin University Gavin Lawrence, Bangor University Michael Khan, University of Windsor
- 71. DETECTING MOVEMENT ENDPOINT ERRORS IN ONE'S OWN TRAJECTORIES: MULTIPLE PROCESSES MODEL VS. FORWARD INTERNAL MODEL Animesh Singh Kumawat, University of Toronto Gerome A. Manson, University of Toronto Joelle Hajj, University of Toronto Timothy N. Welsh, University of Toronto Luc Tremblay, University of Toronto

### Motor Control & Learning Keynote Friday 8:45-9:45am

Location: Colony East Chair: TBD

### LEARNING AND RELEARNING MOVEMENT

Amy Bastian, Kennedy Krieger Institute, Johns Hopkins University

# Poster Session 2 Friday 9:45-11:45am

Location: Colony West & Colony Centre

### SPORT PSYCHOLOGY

- 1. SOCIAL AND ENVIRONMENTAL FACTORS AFFECTING THE LEARNING AND ACQUISITION OF KNOWLEDGE AMONG YOUTH DISABILITY SPORT COACHES Gordon Bloom, *McGill University*
- 2. BRAZILIAN UNIVERSITY COACHES' ROLE IN FACILITATING POSITIVE DEVELOPMENT THROUGH UNIVERSITY SPORT Scott Rathwell, *University of Lethbridge* Patricia Gaion, *State University of Maringa* Fernando Santos, *Polytechnic Institute of Porto and Viana do Castelo* Ana Trindade, *State University of Maringa* Ruan Lima, *State University of Maringa* Vinicius Gobbi, *State University of Maringa*
- 3. AN INVESTIGATION OF COACHES' PERCEPTIONS OF WORKING WITH ATHLETES WITH A DISABILITY Mara Habash, Queens University Jennifer Turnnidge, Queens University Mercedes Watson, Coaches Association of Ontario Susan Kitchen, Coaches Association of Ontario Amy Latimer-Cheung, Queens University
- 4. POSITIONING THE COACHING OF LIFE SKILLS DEVELOPMENT AND TRANSFER ON A CONTINUUM OF INTENTIONALITY Sara Kramers, University of Ottawa Corliss Bean, University of British Columbia Martin Camire, University of Ottawa Tanya Forneris, University of British Columbia
- 5. YOUTH ATHLETES' PERCEPTIONS OF HUMANISTIC COACHING William Falcao, *Laval University* Gordon Bloom, *McGill University*

6. STRUCTURING COMPETITIVE YOUTH SPORT PROGRAMS: UNDERSTANDING THE RELATIONSHIPS BETWEEN PROGRAM QUALITY, PSYCHOLOGICAL NEEDS SATISFACTION, AND MENTAL HEALTH Taylor McFadden, University of Ottawa Corliss Bean, University of British Columbia Michelle Fortier, University of Ottawa Tanya Forneris, University of British Columbia

- DO PARTICIPANT REPORTING PRACTICES IN YOUTH SPORT RESEARCH ADEQUATELY REPRESENT VARIABILITY IN SPORT CONTEXTS? Madison Robertson, *Queens University* Christopher Hague, *Queens University* M. Blair Evans, *Pennsylvania State University* Luc J. Martin, *Queens University*
- "IT'S ABOUT HAVING THE RIGHT TOOLS FOR THE JOB": A QUALITATIVE EXAMINATION OF FACTORS RELATED TO THE UPTAKE AND ADOPTION OF INCLUSIVE PHYSICAL EDUCATION RESOURCES Lauren Tristani, York University Jennifer R. Tomasone, Queens University Jessica Fraser-Thomas, York University Rebecca Bassett-Gunter, York University
- 9. COACHES' PERSPECTIVES OF USING THE PLAY BETTER FRAMEWORK IN YOUTH SPORT

Carl Nienhuis, University of the Fraser Valley Corliss Bean, University of British Columbia Ernesto Peaa, CHIMP (Charitable Impact) Jason Proulx, CHIMP (Charitable Impact)

- 10. EXAMINING THE RESPECT IN SPORT PARENT PROGRAM IN MINOR HOCKEY Katherine Tamminen, University of Toronto Carolyn McEwen, The University of British Columbia Gretchen Kerr, University of Toronto Peter Donnelly, University of Toronto
- 11. A COMPARISON OF FAMILY SPORT PARTICIPATION PATTERNS IN EARLY SPECIALIZERS AND EARLY DIVERSIFIERS Alexandra Mosher, KAHS, York University Jessica Fraser-Thomas, York University Mellissa Wilson, Paralympics New Zealand Joseph Baker, York University

### 12. EXPLORING THE ROLE OF SPORT PARTICIPATION AND SOCIAL SUPPORT ON SOCIAL IDENTITY IN ADOLESCENT MALE ATHLETES Mark Bruner, *Nipissing University* Christian Swann, *Southern Cross University* Matthew Schweickle, *Early Start Research Institute; University of Wollongong*

Andrew Miller, University of Newcastle Alex Benson, University of Western Ontario Colin McLaren, Nipissing University Jordan Sutcliffe, Nipissing University Stewart Vella, Early Start Research Institute; University of Wollongong

- 13. PEER RELATIONSHIP PROFILES AND THE ASSOCIATION OF PERCEIVED PEER MOTIVATIONAL CLIMATE WITH WELL-BEING IN ADOLESCENT ATHLETES Kathleen T. Mellano, *Michigan State University* Alan L. Smith, *Michigan State University*
- 14. EXAMINING MULTI-SPORT PROGRAMMING FOR PRESCHOOLERS: A CASE STUDY Meghan Harlow, *York University* Jessica Fraser-Thomas, *York University*

15. USING A THINK ALOUD METHODOLOGY TO UNDERSTAND PHYSICAL ACTIVITY INTERNET SEARCH EXPERIENCES AND PREFERENCES OF PARENTS OF CHILDREN/YOUTH WITH DISABILITIES Tharsheka Natkunam, York University Danielle Peers, University of Alberta Amy E. Latimer-Cheung, York University Rebecca Bassett-Gunter, York University

- 16. AN EXPERIMENTAL TEST OF THE EFFICACY OF GAIN- AND LOSS-FRAMED MESSAGES FOR DOPING PREVENTION IN ADOLESCENT ATHLETES Lindsay R. Duncan, *McGill University* Laura Hallward, *McGill University*
- 17. LIFE SKILLS DEVELOPMENT IN YOUNG HIGH-LEVEL ATHLETES Helene Jorgensen, University of Alberta Pierre-Nicolas Lemyre, Norwegian School of Sport Sciences Nicholas L. Holt, University of Alberta

18. EXPLORING THE RELATIONSHIPS BETWEEN RELATIVE AGE, SPORT PARTICIPATION, EDUCATION, AND INDICATORS OF POSITIVE YOUTH DEVELOPMENT Kelly Webdale, University of Ontario Institute of Technology Joseph Baker, York University Jennifer Robertson-Wilson, Wilfrid Laurier University Scott Leatherdale, University of Waterloo Nick Wattie, University of Ontario Institute of Technology

Jessica Fraser-Thomas, York University

19. THE INFLUENCE OF RELATIVE AGE ON YOUTHS' DEVELOPMENTAL EXPERIENCES IN SPORT Nick Wattie, University of Ontario Institute of Technology Baileigh Sornberger, University of Ontario Institute of Technology 20. COACH-ATHLETE RELATIONSHIP, BASIC PSYCHOLOGICAL NEEDS SATISFACTION, AND LIFE SKILLS DEVELOPMENT IN CANADIAN HIGH SCHOOL SPORT

Scott Rathwell, University of Lethbridge Martin Camire, University of Ottawa Kelsey Kendellen, University of Ottawa Stephanie Turgeon, Université de Montréal

### **EXERCISE PSYCHOLOGY**

- 21. A SYSTEMATIC REVIEW OF SOCIAL SUPPORT FOR PARTICIPATION IN PHYSICAL ACTIVITY-BASED RECREATION PROGRAMS FOR OLDER ADULTS Michelle Patterson, University of Calgary Meghan H. McDonough, University of Calgary Jennifer Hewson, University of Calgary Scott Mackay, University of Calgary
- 22. AN EXPERIMENTAL TEST OF REFRAMING COUNSELLING TO ATTENUATE BIASED EXERCISE THOUGHTS FOR INDIVIDUALS ABOUT TO BEGIN A DIABETES PREVENTION PROGRAM Sean Locke, University of British Columbia Mary Jung, University of British Columbia
- 23. EVALUATING A MOTIVATIONAL INTERVIEWING TRAINING FOR FACILITATORS OF A PREDIABETES PREVENTION PROGRAM Tineke E Dineen, University of British Columbia Corliss Bean, University of British Columbia Elena Ivanova, University of British Columbia Mary E Jung, University of British Columbia
- 24. TESTICULAR CANCER SURVIVORS' BEHAVIOURS, PREFERENCES, ATTITUDES, AND ENABLERS AND BARRIERS TO ENGAGING IN PHYSICAL ACTIVITY AND SUPPORTIVE CARE Anika R Petrella, University of Toronto Roxy H O'Rourke, University of Toronto Daniel Santa Mina, University of Toronto Andrew G Matthew, Princess Margaret Cancer Centre Robert J Hamilton, Princess Margaret Cancer Centre Catherine M Sabiston, University of Toronto
- 25. MENTAL PRACTICE ABILITY AMONG POST-STROKE SURVIVORS: DO DEPRESSION AND PRE-STROKE PHYSICAL ACTIVITY MATTER? Vera Storm, *University of Münster*
- 26. EXAMINING THE EFFECTS OF NEW MEMBERS WITH A PHYSICAL DISABILITY WHO JOIN AN ADAPTED FITNESS CENTRE: PRELIMINARY RESULTS François Jarry, *McGill University* Shane N. Sweet, *McGill University*

Meredith Rocchi, McGill University

- 27. AN EVALUATION OF QUALITY PARTICIPATION EXPERIENCES IN THE INCLUSION RESOURCE TEAM PROGRAM FOR INDIVIDUALS WHO HAVE AN INTELLECTUAL DISABILITY
  Shannon E. Weissman, University of Toronto
  Laura R. St. John, University of Toronto
  Asma Khalil, University of Toronto
  Katherine A. Tamminen, University of Toronto
  Diana Simpson, City of Mississauga Recreation Services Division
  Jennifer Cowie Bonne, City of Mississauga Recreation Services Division
  Lisa Kitchener, Community Living Mississauga
  John Cairney, University of Toronto
  Kelly P. Arbour-Nicitopoulos, University of Toronto
- 28. REVVED UP: THE INFLUENCE OF VOLUNTEER EXPERIENCE ON CAREER PATH Veronica Allen, *Queens University* Stephanie M. Flood, *Queens University* Simone Wright Stein, *Queens University* Amy E. Latimer-Cheung, *Queens University* Arif Jetha, *University of Toronto* Jennifer R. Tomasone, *Queens University*
- 29. THE USE OF EXERCISE AND SELF-MANAGEMENT TO IMPROVE PERCEPTION OF HEALTH STATUS AND QUALITY OF LIFE IN BREAST CANCER SURVIVORS COMPLETING CHEMOTHERAPY Jenna Smith-Turchyn, *McMaster University* Julie Richardson *McMaster University*

30. AEROBIC PHYSICAL ACTIVITY AND SALIVARY CORTISOL LEVELS AMONG WOMEN WITH AND WITHOUT A HISTORY OF BREAST CANCER Maude Lambert, University of Ottawa Jennifer Brunet, University of Ottawa Marie-Ève Couture-Lalande, University of Ottawa Catherine Bielajew, University of Ottawa

- 31. THE RISE OF SELF-EFFICACY: PATIENT-PARTNER EFFICACY DYNAMICS IN A CARDIAC REHABILITATION CONTEXT Meaghan Petersen, Acadia University Diane Holmberg, Acadia University Chris Shields, Acadia University
- 32. A HEALTH POLICY PERSPECTIVE: EVALUATING THE DELIVERY OF BOXING PROGRAMS FOR PARKINSON'S DISEASE IN CANADA. Kishoree Sangarapillai, *Wilfrid Laurier University* Quincy Almeida, *Wilfrid Laurier University*

33. A STEP IN THE RIGHT DIRECTION? UNDERSTANDING THE IMPACT OF NORDIC WALKING ON ADULTS LIVING WITH PARKINSON'S DISEASE

Deeksha Srivastava, University of Ottawa Jani Lamarche, University of Ottawa Meghan McDonough, University of Calgary Julie Nantel, University of Ottawa Jennifer Brunet, University of Ottawa

- 34. EXERCISE YOUR WAY: A PREFERENCE-BASED PHYSICAL ACTIVITY INTERVENTION IN EARLY PSYCHOSIS: FEASIBILITY TRIAL (PRELIMINARY RESULTS)
  Ahmed Jerome Roamin, University of Montreal Hospital Research Centre
  Eve Dubois, University of Montreal Hospital Research Centre
  Amal Abdel-Baki, University of Montreal Hospital Research Centre
- 35. EXPLORING THE EFFECTS OF IMAGERY ON COMPONENTS OF PHYSICAL LITERACY AMONG CHILDREN Michelle Guerrero, Children's Hospital of Eastern Ontario Krista Munroe-Chandler, *University of Windsor*

36. THE EFFECTS OF CLASSROOM-BASED DYNAMIC SEATING INTERVENTIONS ON ACADEMIC OUTCOMES IN YOUTH: A SYSTEMATIC REVIEW Scott Rollo, University of Western Ontario Lauren Crutchlow, University of Western Ontario Taniya S. Nagpal, University of Western Ontario Wuyou Sui, University of Western Ontario Harry Prapavessis, University of Western Ontario

37. PHYSICAL ACTIVITY AND COGNITION IN CHILDREN AND YOUTH: A SYSTEMATIC REVIEW

Katie Gunnell, Carleton University
Veronica J. Poitras, Independent Researcher
Allana G. LeBlanc, University of Ottawa Heart Institute
Kylie Schibli, Children's Hospital of Eastern Ontario Research Institute
Kheana Barbeau, University of Ottawa
Nina Hedayati, Wilfrid Laurier University
Matthew B. Pontifex, Michigan State University
Gary S. Goldfield, Children's Hospital of Eastern Ontario Research Institute
Charlotte Dunlap, University of Toronto
Emily Lehan, University of Ottawa
Mark S. Tremblay, Children's Hospital of Eastern Ontario Research Institute

# 38. THE PHYSICAL LITERACY FOR COMMUNITIES PROJECT: YEAR 1 FINDINGS AND NEXT STEPS

Emily Bremer, *McMaster University* Jeffrey D. Graham, *McMaster University* Drew Mitchell, *Sport for Life Society* John Cairney, *University of Toronto*  39. DO KIDS MOVE IT, MOVE IT? EXPLORING GRADE AND SEX INFLUENCES ON MOVEMENT BEHAVIOUR DURING BALANCED SCHOOL DAY NUTRITION BREAKS Brianne O'Rourke, Nipissing University Barbi Law, Nipissing University Brenda G. Bruner, Nipissing University Graydon Raymer, Nipissing University Devyn Richards, Nipissing University

40. THE EFFECT OF VARIETY SUPPORT ON PHYSICAL ACTIVITY BEHAVIOUR IN ADOLESCENCE: THE MEDIATING ROLES OF PERCEIVED VARIETY AND BASIC PSYCHOLOGICAL NEEDS Ben Sylvester, University of Toronto Isabelle Doré, University of Toronto Anika Gentile, University of Toronto Mathieu Bélanger, Université de Sherbrooke Catherine Sabiston, University of Toronto

- 41. THE RELATIONSHIP BETWEEN FUNCTIONAL MEASURES OF BODY IMAGE AND PHYSICAL ACTIVITY ACROSS THE LIFESPAN Sarah Galway, *Brock University* Joe Moretto, *Brock University* Kimberley Gammage, *Brock University*
- 42. ATTENTIONAL PREFERENCES AND ATTITUDES TOWARD EXERCISE SETTINGS WITH AND WITHOUT TELEVISIONS Tyler S. Harris, *Michigan State University* Alan L Smith, *Michigan State University*

43. WATCHING A TELEVISION SHOW DURING AEROBIC EXERCISE: PILOT FINDINGS SUGGEST THAT BUNDLING THESE BEHAVIOURS BELOW THE VENTILATORY THRESHOLD ENHANCES THE EXERCISE EXPERIENCE AND INFLUENCES EXERCISE PLANS. Lauren Crutchlow, *University of Western Ontario* 

Harry Prapavessis, University of Western Ontario

44. INFLUENCE OF COMPRESSIVE KNEE WRAPS ON SQUAT SELF-EFFICACY Jamie Swinimer, *Dalhousie University* Lori Dithurbide, *Dalhousie University* 

# 45. POTENTIAL IMPACT OF AUTONOMOUS VEHICLES ON MOVEMENT BEHAVIOUR: A SCOPING REVIEW

Carminda Lamboglia, University of Alberta Yeong-Bae Kim, University of Alberta Brendan Wohlers, University of Alberta Ashley McCurdy, University of Alberta Cliff Lindeman, University of Alberta Jodie A. Stearns, University of Alberta Allison Sivak, University of Alberta John C. Spence, University of Alberta

### **MOTOR CONTROL & LEARNING**

- 46. IS TWENTY PLENTY? TRACKING THE STABILITY OF BASIC POINTING KINEMATIC MEASURES OVER TRIALS AND ACROSS VISION CONDITIONS John de Grosbois, University of Toronto; Northern Michigan University Valentin Crainic, University of Toronto Luc Tremblay, University of Toronto
- 47. COMPARING STATISTICAL METHODS FOR INFERRING CONTRIBUTIONS OF VISUAL ONLINE CONTROL FROM HUMAN LIMB TRAJECTORIES Ghislain d'Entremont, *Dalhousie University* Heather Neyedli, *Dalhousie University*
- 48. IMPACT OF ATTENTIONAL FOCUS ON MOTOR PERFORMANCE IN THE CONTEXT OF "EARLY" LIMB REGULATION AND "LATE" TARGET CONTROL James Roberts, *Liverpool Hope University* Gavin Lawrence, *Bangor University*
- 49. IMPACT OF SIMULATED LOW TARGET VISION ON TARGET-DIRECTED MOVEMENT James Roberts, *Liverpool Hope University* James Maiden, *Liverpool Hope University* Simon Bennett, *Liverpool John Moores University*
- 50. TARGET SIZE MANIPULATIONS AFFECT SELF-EFFICACY, SUCCESS EXPECTATIONS, AND PROCESSING DURATIONS BUT DO NOT IMPACT MOTIVATION AND BEHAVIOURAL INDICES OF PERFORMANCE AND LEARNING IN DART-THROWING Nicole Ong, University of British Columbia Jamie Hawke, University of British Columbia Nicola Hodges, University of British Columbia
- 51. FAST AND SLOW PROCESSES IN VISUOMOTOR ADAPTATION: TASK DESIGN AND AGING

Bernard Marius 't Hart, York University Jennifer E. Ruttle, York University Andreas Straube, Ludwig Maximilian University Thomas Eggert, Ludwig Maximilian University Denise Y.P. Henriques, York University

52. THE EFFECT OF OBJECT ORIENTATION AS A FUNCTION OF AFFORDANCE ON MOTOR ACTION PRIMING Stevie Foglia, *McMaster University* Jim Lyons, *McMaster University*  53. VISUAL ATTENTION INFLUENCES AUDIOVISUAL EVENT PERCEPTION AND THE SUSCEPTIBILITY TO THE FUSION ILLUSION

Tristan Loria, , University of Toronto Joelle Hajj, University of Toronto Kanji Tanaka, Waseda University Katsumi Watanabe, Waseda University Luc Tremblay, University of Toronto

## 54. TIMING AND SPATIAL ACCURACY OF REACHING MOVEMENTS DO NOT IMPROVE OFF-LINE Amélie Apinis-Deshaies, *Université de Montréal*

Jonathan Tremblay, *Université de Montréal* Julie Carrier, *Université de Montréal* Maxime Trempe, *Bishop's University* 

### 55. INDIVIDUAL LIMB CONTRIBUTIONS TO MEDIOLATERAL STABILITY DURING GAIT Yash Rawal, *University of Manitoba* Jonathan Singer, *University of Manitoba*.

56. "NEVER TELL ME THE ODDS" DO PEOPLE EMPHASIZE VALUE OR PROBABILITY WHEN CHOOSING BETWEEN ALTERNATIVES? Saba Taravati, University of Toronto Joseph Manzone, University of Toronto Heather Neyedli, University of Dalhousie Timothy Welsh, University of Toronto

57. IN A SAMPLE OF ADEQUATE SLEEPERS LEARNING A SERIAL KEY-PRESS TASK, ONLINE AND OFFLINE GAINS ARE NOT IMPAIRED BY SLEEP CHARACTERISTICS OR MOVEMENT INHIBITION Caroline Dutil, *University of Ottawa* 

Julia De Pieri, University of Ottawa Dana Maslovat, University of British Columbia Victoria Smith, University of Ottawa Anthony N. Carlsen, University of Ottawa

58. PERFORMANCE-CONTINGENT MONETARY REWARDS UNDERMINE THE FACILITATING EFFECTS OF PRACTICE ON RETENTION Raphaël Hamel, Université de Sherbrooke Kathleen Côté, Université de Sherbrooke Alexia Matte, Université de Sherbrooke Jean-François Lepage, Université de Sherbrooke Pierre-Michel Bernier, Université de Sherbrooke

59. IDENTIFYING TALENT HOLISTICALLY: USING MACHINE LEARNING TO CAPTURE THE DYNAMIC DEVELOPMENT OF EXPERTISE IN OLYMPIC WEIGHTLIFTING. A PRELIMINARY ANALYSIS Dior Anderson, *Bangor University* Victoria Gottwald, *Bangor University*  Gavin Lawrence, Bangor University

60. BIMANUAL FINGER MOVEMENTS ARE NOT SUSCEPTIBLE TO EARLY RESPONSE TRIGGERING BY A STARTLING ACOUSTIC STIMULUS Faven Teku, University of Ottawa Victoria Smith, University of Ottawa Neil M. Drummond, University of Ottawa Anthony N. Carlsen University of Ottawa

- 61. INCONVENIENT FINDINGS FOR THE "OPTIMAL" THEORY OF MOTOR LEARNING Faryal Zahir, *McMaster University* Laura St. Germain, *McMaster University* Michael J. Carter, *McMaster University*
- 62. THE APPLIED MODEL FOR THE USE OF OBSERVATION: AN UPDATE ON CONTEXT AND FUNCTION RESEARCH Natasha Lelievre, *University of Ottawa* Laura St. Germain, *University of Ottawa* Diane M. Ste-Marie, *University of Ottawa*
- 63. MULTISENSORY INTERACTIONS AND EXPRESSION OF THE REMOTE DISTRACTOR EFFECT Matthew Heath, University of Western Ontario Luc Tremblay, University of Toronto
- 64. THE CHALLENGE OF INITIATING MOVEMENTS TO PROPRIOCEPTIVE TARGETS IN OLDER ADULTS Rachel Goodman, *University of Toronto* Luc Tremblay, *University of Toronto*
- 65. ROBOTIC GUIDANCE WITH VARIABILITY OF PRACTICE CAN IMPROVE THE LEARNING OF A GOLF PUTTING TASK Stephen R. Bested, University of Toronto Luc Tremblay, University of Toronto
- 66. ANTIPOINTING ADHERENCE TO FITTS' LAW IS ECCENTRICITY-DEPENDENT Marlowe Pecora, University of Western Ontario Matthew Heath, University of Western Ontario
- 67. AEROBIC EXERCISE ENHANCES RETENTION OF A GRADUALLY IMPOSED VISUOMOTOR ROTATION Carina Di Tomaso, *Bishop's University* Maxime Trempe, *Bishop's University* Nicolas Berryman, *Bishop's University* Adrianna Mendrek, *Bishop's University*

68. THE EFFECT OF EXOGENOUS AND ENDOGENOUS VISUAL CUES ON THE SPATIAL AND TEMPORAL FEATURES OF MOVEMENTS PERFORMED DURING A RAPID TARGET AIMING TASK Jessica C. Sutton, University of Manitoba McKenna J.M. Brown, University of Manitoba Stephanie Tomy, University of Manitoba Cheryl M. Glazebrook, University of Manitoba

69. MINE OR THINE? EXAMINING THE INFLUENCE OF OWNERSHIP AND THE PRESENCE OF A CO-ACTOR ON PERI-PERSONAL SPACE Anna Michelle McPhee, *University of Toronto*. Merryn D. Constable, *Central European University* Elizabeth J. Saccone, *La Trobe University* Timothy N. Welsh, *University of Toronto* 

70. LITERATURE REVIEW OF EMPIRICAL STUDIES USING CONSTRAINTS LED APPROACH FOR MOTOR LEARNING, MOTOR PERFORMANCE, AND DECISION MAKING

Brian Maraj, University of Alberta Nathan Gollner, University of Alberta Mitchell Kruk, University of Alberta

# <u>ANNUAL GENERAL MEETING</u> <u>Friday 11:45am-1:15pm</u>

Location: Colony East & Colony Centre

Exercise Psychology Keynote Friday 1:30pm-2:30pm

Location: Colony East Chair: TBD

WHY DO SO MANY BEHAVIOURAL INTERVENTIONS FAIL AND IS THERE ANYTHING WE CAN DO BETTER? Simon Bacon, *Concordia University* 

> <u>Poster Session 3</u> Friday 2:30pm-4:30pm

Location: Colony West & Colony Centre

### SPORT PSYCHOLOGY

1. RELATIVE AGE EFFECTS IN ELITE FEMALE TEAM HANDBALL: BETWEEN YEAR EFFECTS CHANGE WITH POLICY ADJUSTMENTS Joerg Schorer, *University of Oldenburg*  Irene Faber, University of Oldenburg Dirk Basch, University of Oldenburg Nick Wattie, University of Ontario Institute of Technology Joe Baker, York University

- 2. DELIBERATE RECOVERY: EXPLORING THE RELATIONSHIP BETWEEN EXPERTISE AND SLEEP QUANTITY IN ATHLETES Stuart Gardner Wilson, *York University* Joseph Baker, *York University*
- 3. DISTINCT TRAJECTORIES OF ATHLETE DEVELOPMENT: A RETROSPECTIVE ANALYSIS OF AUSTRALIAN PROFESSIONAL RUGBY LEAGUE PLAYERS Balin Cupples, *The University of Sydney* Donna O'Connor, *The University of Sydney* Stephen Cobley, *The University of Sydney*
- 4. ADVANTAGE REVERSALS AND RELATIVE AGE: DOES POSITIVE YOUTH DEVELOPMENT PLAY A ROLE? Kristy L. Smith, University of Windsor Patricia L. Weir, University of Windsor
- 5. EXPLORING VARIATIONS IN COMMUNITY SIZE EFFECTS IN CANADIAN SUMMER AND WINTER OLYMPIANS Nick Wattie, University of Ontario Institute of Technology Lou Farah, York University Kaitlyn LaForge-Mackenzie, York University Joseph Baker, York University
- 6. INSIGHTS INTO COMMON ATHLETE MISTAKES AND THE ROLE OF SPORT MOTIVATION ON GOAL COMMITMENT Ashley Kuchar, *University of Texas at Austin*
- 7. THE COMMUNITY SIZE EFFECT IN CANADIAN OLYMPIC AND PARALYMPIC ATHLETES: EXPLORING INTER-PROVINCIAL HETEROGENEITY IN ATHLETE DEVELOPMENT Lou Farah, York University Nick Wattie, University of Ontario Institute of Technology Kaitlyn Laforge-Mackenzie, York University Joseph Baker, York University
- 8. THE DEVELOPMENTAL PATHWAYS OF MAJOR LEAGUE BASEBALL PLAYERS AND THEIR INFLUENCE ON CAREER PERFORMANCE Matthew McCue, University of Ontario Institute of Technology Srdjan Lemez, California State University Joseph Baker, York University Nick Wattie, University of Ontario Institute of Technology

9. PERCEPTIONS OF PSYCHOLOGICAL WELL-BEING DURING SPORT INJURY RECOVERY: EXPERIENCES OF SERIOUSLY INJURED WOMEN ATHLETES

Lisa R. Trainor, University of British Columbia Peter Crocker, University of British Columbia Andrea Bundon, University of British Columbia Leah Ferguson, University of Saskatchewan

- EMERGING IN A BUBBLE: EXPLORING THE TRANSITION TO ADULTHOOD IN SPORT CANADA CARDED ATHLETES Selina D. Zaluski, University of Saskatchewan Amna Khizer, University of Saskatchewan Gerald R. Farthing, University of Saskatchewan
- 11. DEVELOPMENT AND VALIDATION OF A TRUST IN SPORT QUESTIONNAIRE Brogan Bailey, *Dalhousie University* Lori Dithurbide, *Dalhousie University*
- 12. AN EXPLORATION OF SPORT CONCUSSION RECOVERY EXPERIENCE IN UNIVERSITY STUDENTS Sandhya Mylabathula, Faculty of Kinesiology, University of Toronto Lynda Mainwaring, University of Toronto Doug Richards, University of Toronto Michael Hutchison, University of Toronto Angela Colantonio, University of Toronto
- 13. "THAT YARDAGE CAN'T BE RIGHT?": TRUST IN GOLF DMDS IN NON-USERS Lori Dithurbide, Dalhousie University Jamie MacFarlane, Dalhousie University Heather Neyedli, Dalhousie University
- 14. CONFIRMATORY FACTOR ANALYSIS OF THE MULTICOMPONENT MENTAL HEALTH LITERACY MEASURE WITH UNIVERSITY STUDENT ATHLETES AND STUDENT TRAINERS Jessica Murphy, *Brock University* Phllip Sullivan, *Brock University* Mishka Blacker, *Brock University*
- 15. TRAINING FOR THE FUTURE? THE RELATION BETWEEN FUTURE TIME PERSPECTIVE AND SPORT EXPERTISE Lindsay McCardle, University of Ottawa; York University Bradley W. Young, University of Ottawa Rafael A. B. Tedesqui, University of Ottawa Joseph Baker, York University
- 16. "THE PROBABILITY THAT GERMANY WILL WIN THE FIFA WORLD CUP 2022 IS 46%": TEAM IDENTIFICATION WITH THE GERMAN NATIONAL SOCCER TEAM Vera Storm, University of Muenster Dominik Kruessmann, University of Muenster

Bernd Strauss, University of Muenster

17. EXPLORING THE MEDIA PORTRAYAL OF NORTH AMERICAN SPORT CULTURE AND IDENTITY FOLLOWING THE RUSSIAN STATE-SPONSORED DOPING SCANDAL Danielle Alexander, *McGill University* Laura Hallward, *McGill University* Lindsay R. Duncan, *McGill University* Jeffrey G. Caron., *Université de Montreal* 

- WHO IS "WE"? GROUP PROTOTYPE AND COHESION IN SPORT Colin D. McLaren, *Nipissing University* Kevin S. Spink, *University of Saskatchewan*
- 19. BETTER TOGETHER? EXAMINING CORRELATES OF TEAMWORK IN SPORT Desmond McEwan, *University of British Columbia* Mark Beauchamp, *University of British Columbia*
- 20. ETHNIC DIVERSITY AND COHESION IN INTERDEPENDENT SPORT TEAMS Michael Godfrey, Kinesiology, *Wilfrid Laurier University* Jeemin Kim, *Wilfrid Laurier University* Mark Eys, *Wilfrid Laurier University*
- 21. A QUALITATIVE APPROACH TO UNDERSTANDING THE IMPACT OF PARTNER PLAY IN DOUBLES RACQUET SPORTS Sarah Deck, School of Kinesiology, University of Western Ontario Craig Hall, University of Western Ontario Despina Kouali, University of Western Ontario Brianna Desantis, University of Western Ontario

22. AN OBSERVATIONAL ASSESSMENT OF ATHLETES' ENGAGEMENT AND SOCIAL INTERACTIONS IN AN ENGLISH FOOTBALL ACADEMY: THE REVISED ATHLETE BEHAVIOUR CODING SYSTEM (R-ABCS) CASE STUDY Daniel E. Goldman, *Queens University* Adam L. Kelly, *Birmingham City University* Jennifer Turnnidge, *Queens University* Jordan Chen, *Queens University* Jean Côté, *Queens University* Craig A. Williams, *University of Exeter* Mark R. Wilson, *University of Exeter* 

- 23. INFORMAL ROLE STRUCTURES INFLUENCE ATHLETES' PERCEPTIONS OF TEAM COHESION, SATISFACTION, AND INTENTIONS TO RETURN Jeemin Kim, Wilfrid Laurier University Michael Godfrey, Wilfrid Laurier University Mark Eys, Wilfrid Laurier University
- 24. DOES IMPRESSION MOTIVATION MODERATE THE RELATIONSHIP BETWEEN SOCIAL CONSTRAINTS AND SPORT COMMITMENT?

Olufemi Oluyedun, *Michigan State University* Alan Smith, *Michigan State University* 

25. EXAMINING THE INFLUENCE OF ATHLETES' PUNISHMENT EXPERIENCES ON DECISIONS TO CEASE PARTICIPATION IN COMPETITIVE HOCKEY Anthony Battaglia, *University of Toronto* Gretchen Kerr *University of Toronto* Ashley Stirling, *University of Toronto* 

### **EXERCISE PSYCHOLOGY**

26. DESCRIBING POSTTRAUMATIC GROWTH AND EXPLORING ITS CORRELATES AMONG SURVIVORS OF ADOLESCENT AND YOUNG ADULT CANCER Meagan Barrett-Bernstein, *University of Ottawa* Amanda Wurz, *University of Ottawa* Jennifer Brunet, *University of Ottawa* 

27. COMPARING AND CONTRASTING PERSPECTIVES ABOUT PHYSICAL ACTIVITY AMONG ADOLESCENT AND YOUNG ADULTS WITH CANCER: THE DYADIC APPROACH AS A TOOL TO GENERATE COMPREHENSIVE INSIGHTS INTO COMPLEX PHENOMENA Jensen Price, University of Ottawa Amanda Wurz, University of Ottawa Raveena Ramphal, University of Ottawa Jennifer Brunet, University of Ottawa

- 28. DEMOGRAPHIC, MEDICAL, SOCIAL-COGNITIVE, AND ENVIRONMENTAL CORRELATES OF MEETING STRENGTH TRAINING GUIDELINES IN KIDNEY CANCER SURVIVORS Allyson Tabaczynski, *University of Toronto*
- 29. EXERCISE GOALS PREDICT PERCEPTIONS OF LIFE SATISFACTION AND WELLBEING OVER TIME IN YOUTH Jennifer Brunet, University of Ottawa Martyn Standage, University of Bath Fiona B. Gillison, University of Bath
- 30. ASSOCIATIONS BETWEEN PHYSICAL ACTIVITY, SCREEN TIME, SLEEP QUALITY AND FLOURISHING IN UNIVERSITY STUDENTS Jonathan S. Capaldi, *Carleton University* Katie E. Gunnell, *Carleton University*

#### 31. FLOURISHING AND PHYSICAL ACTIVITY IN UNIVERSITY: STARTING OFF ON THE RIGHT FOOT Roxy H. O'Rourke, University of Toronto Dr. Catherine Sabiston, University of Toronto Dr. Tanua Scampicabia, University of Toronto

Dr. Tanya Scarapicchia, University of Toronto

32. SOLUTIONS FOR STRESSED OUT STUDENTS: MODELLING RELATIONSHIPS BETWEEN PHYSICAL ACTIVITY, SUBJECTIVE WELL-BEING, AND STRESS IN CHINESE UNIVERSITY STUDENTS Kimberley Curtin, University of Alberta Tanya R Berry, University of Alberta Gordon J Walker, University of Alberta Jingjing Gui, University of Alberta

33. TOUGH TIME TRANSITIONING: EXAMINING CHANGES IN AND THE RELATIONSHIPS BETWEEN EXERCISE, DEPRESSION, STRESS, AND SLEEP QUALITY IN FIRST-YEAR UNIVERSITY STUDENTS David Brown, Brock University Andrea Josse, Brock University Kimberley Gammage, Brock University Panagiota Klentrou, Brock University

34. ASSESSING PHYSICAL ACTIVITY, MENTAL HEALTH, AND STRESS AMONG INTERNATIONAL STUDENTS AT A LARGE CANADIAN UNIVERSITY Douglas Rosa, *University of Toronto* Catherine Sabiston, *University of Toronto* 

35. UNIVERSITY STUDENTS' EXPERIENCES IN A PHYSICAL ACTIVITY INTERVENTION FOR MENTAL AND PHYSICAL HEALTH Irene Muir, University of Windsor Krista J. Munroe-Chandler, University of Windsor Todd M. Loughead, University of Windsor

36. PHYSICAL ACTIVITY AND ITS IMPACT ON MENTAL HEALTH DURING THE LATE ADOLESCENT AND EMERGING ADULTHOOD PERIOD: A SYSTEMATIC REVIEW Alessandra Ceccacci, *McMaster University*; *University of Toronto* Natalie Paolucci, *McMaster University* Chloe Bedard, *McMaster University* Dr. Matthew Kwan, *McMaster University* 

37. SATISFACTION WITH BODY FUNCTIONALITY MEDIATES THE ASSOCIATION BETWEEN PHYSICAL ACTIVITY MOTIVES AND PARTICIPATION Jenna Gilchrist, *The Pennsylvania State University*; *University of Toronto* Eva Pila, *University of Saskatchewan* Ben Sylvester, *University of Toronto* Madison Vani, *University of Toronto* Catherine Sabiston, *University of Toronto* 

38. ASSOCIATION BETWEEN SLEEP QUANTITY, PHYSICAL ACTIVITY, AND DEPRESSION AMONG US ADULTS: ANALYSIS OF THE NHANES 2015-2016 Julienne Cancio, University of Alberta Kerry Mummery, University of Alberta 39. DON'T STOP THE MUSIC: THE EFFECTS OF APPEARANCE-FOCUSED MUSIC LYRICS ON BODY IMAGE DURING EXERCISE Alyssa Jackson, Brock University Kimberley L Gammage, Brock University

40. THE RELATIONSHIP BETWEEN BODY-RELATED SELF-CONSCIOUS EMOTION AND PHYSICAL ACTIVITY ACROSS THE LIFESPAN Joseph Moretto, *Brock University* Sarah Galway, *Brock University* Kimberley Gammage, *Brock University* 

41. INVESTIGATING THE RELATIONSHIP BETWEEN PHYSICAL ACTIVITY AND BURNOUT IN MEDICAL STUDENTS Michelle Fortier, University of Ottawa Taylor McFadden, University of Ottawa Tamara Morgan, University of Ottawa

42. ASSOCIATIONS BETWEEN PHYSICAL ACTIVITY, CARDIORESPIRATORY FITNESS, AND POSITIVE STATES OF MENTAL HEALTH AMONG CANADIAN ADULTS Emily Wolfe Phillips, *University of Ottawa* Heather Orpana, Public Health Agency of Canada Justin Lang, Public Health Agency of Canada Jennifer Brunet, *University of Ottawa* 

43. USING DELPHI CONSENSUS METHODS TO UNDERSTAND WHICH PHYSICAL ACTIVITY BEHAVIOUR CHANGE THEORIES SHOULD BE TAUGHT TO CANADIAN UNDERGRADUATE STUDENTS Tineke E Dineen, University of British Columbia Emily E Giroux, University of British Columbia Tanya Forneris, University of British Columbia Heather L Gainforth, University of British Columbia

44. THE EFFECTS OF SEDENTARY BEHAVIOR INTERVENTIONS ON WORK-RELATED PRODUCTIVITY AND PERFORMANCE OUTCOMES IN REAL AND SIMULATED OFFICE WORK: A SYSTEMATIC REVIEW Wuyou Sui, University of Ottawa Caroline Dutil, University of Ottawa Dana Maslovat, University of Ottawa Victoria Smith, University of Ottawa Anthony N. Carlsen, University of Ottawa

45. FACTORS ASSOCIATED WITH CHANGE IN PHYSICAL ACTIVITY AMONG NURSES PARTICIPATING IN A WEB-BASED WORKSITE INTERVENTION Jennifer Brunet, University of Ottawa Melissa Black, University of Ottawa Heather E. Tulloch, University of Ottawa Andrew L. Pipe, University of Ottawa Robert D. Reid, University of Ottawa Jennifer L. Reed, University of Ottawa

46. THE PSYCHOLOGY OF TECHNOLOGY – EXPLAINING FITNESS APP USAGE FROM A TRUST PERSPECTIVE
Lena Busch, University of Muenster
Till Utesch, University of Muenster
Sydney Querfurth, University of Muenster
Linda Schuecker, University of Muenster
Bernd Strauss, University of Muenster

- 47. EVALUATING THE QUALITY OF REPORTING EXERGAMING INTERVENTIONS: WHAT ABOUT WELL-BEING OUTCOMES? Ester Santos, *Brock University* Jennifer Mooradian, *Brock University* Diane E. Mack, *Brock University* Philip M. Wilson, *Brock University*
- 48. IF I RUN BUT DON'T POST IT, AM I STILL A RUNNER? THE ROLE OF SOCIAL MEDIA IN HOLDING A RUNNING GROUP IDENTITY Ashlee Jansen, Acadia University Christopher Shields, Acadia University
- 49. KEEP ON TRUCKIN': ME OR MY RUN Kevin Spink, University of Saskatchewan Kyra Ives, University of Saskatchewan Sejhal Bhargava, University of Saskatchewan
- 50. FITNESS, FUN OR FRIENDSHIP: A QUALITATIVE APPROACH TO UNDERSTANDING MOTIVATIONS TO PARTICIPATE IN CROSSFIT Brandon Blenkarn, University of Saskatchewan Karen Gallant, Dalhousie University Leah Ferguson, University of Saskatchewan

### **MOTOR CONTROL & LEARNING**

- 51. AN INVESTIGATION OF THE UNDERLYING RELATIONSHIPS AMONG HANDEDNESS, HEALTH, AND MEMORY RETRIEVAL Jennifer Lawley, Wilfrid Laurier University Pamela J. Bryden, Wilfrid Laurier University Paula C. Fletcher, Wilfrid Laurier University
- 52. EXPLORING HANDEDNESS AND THE LIKELIHOOD OF "SWITCHING HANDS" WITHIN A YOUNG ADULT POPULATION AFTER PRACTICE WITH THE NON-DOMINANT HAND Jessie Tucker, University of Waterloo/Wilfrid Laurier University Pamela J. Bryden, Wilfrid Laurier University

53. DO CHANGES IN MULTISENSORY INTEGRATION OCCUR IN INDIVIDUALS WITH SUBCLINICAL NECK PAIN WITH THE IMPLEMENTATION OF A SIX WEEK CHIROPRACTIC TREATMENT INTERVENTION? Antonia Karellas, University of Ontario Institute of Technology Paul Yielder, University of Ontario Institute of Technology James Burkitt, University of Ontario Institute of Technology Bernadette Murphy, University of Ontario Institute of Technology

54. CHANGES IN NEUROPHYSIOLOGICAL PROCESSING FROM DISTAL UPPER LIMB MUSCLES IN RESPONSE TO MOTOR SKILL ACQUISITION AND CERVICAL EXTENSOR MUSCLE FATIGUE

Mahboobeh Zabihhosseinian, University of Ontario Institute of Technology Paul Yielder, University of Ontario Institute of Technology Ushani Ambalavanar, University of Ontario Institute of Technology Rufeyda Cosgun, University of Ontario Institute of Technology Bernadette Murphy, University of Ontario Institute of Technology

### 55. THE ASSOCIATION AMONG IMITATION, SOCIAL, AND MOTOR DEFICITS IN INDIVIDUALS WITH ASD Brianne Redquest, Wilfrid Laurier University Paula Fletcher, Wilfrid Laurier University Pamela Bryden, Wilfrid Laurier University

# 56. ATTENTIONAL FOCUS INSTRUCTIONS FOR GOLF-PUTTING ACCURACY AND PRECISION

Sadiya Abdulrabba, University of Toronto Gerome Manson, University of Toronto Valentin Crainic, University of Toronto Stephen Bested, University of Toronto Luc Tremblay, University of Toronto

57. GOING AGAINST THE GRAIN: PERFORMANCE WHEN RELEVANT PROPRIOCEPTIVE AFFERENT INFORMATION IS CONGRUENT WITH FOCUS OF ATTENTION. Vicky Gottwald, *Bangor University* Robin Owen, *Bangor University* Gavin Lawrence, *Bangor University* 

# 58. INTEGRATION OF SOMATOTOPIC AND SPATIOTOPIC REFERENCE FRAMES IN TACTILE LOCALIZATION

Brynn Alexander, University of British Columbia Romeo Chua, University of British Columbia

### 59. LEARNING VERSUS LEARNED: FLEXIBLE CONTROL PROCESSES WHEN REACHING WITH ALTERED VISUAL FEEDBACK OF THE HAND'S POSITION Darrin O. Wijeyaratnam, *University of Ottawa*

Romeo Chua, University of British Columbia Erin K. Cressman, University of Ottawa

#### FRIDAY, OCTOBER 19, 2018

60. LOWER LIMB SELECTION IN A PREFERENTIAL REACHING TASK: THE INFLUENCE OF LATERALIZATION AND BALANCE CONTROL

Jessie Tucker, University of Waterloo/Wilfrid Laurier University Sara Moniz, Wilfrid Laurier University Evan Gilbert, Wilfrid Laurier University Pamela Bryden, Wilfrid Laurier University Michael Cinelli, Wilfrid Laurier University

### 61. PROPRIOCEPTIVE RECALIBRATION AND UPDATING PREDICTED SENSORY CONSEQUENCES ARE NEITHER EXCLUSIVELY IMPLICIT NOR EXPLICIT Raphael Q. Gastrock, York University Shanaathanan Modchalingam, York University Chad Vachon, York University Bernard Marius 't Hart, York University Denise Y.P. Henriques, York University

### 62. THE "EYE" IN IMAGINATION: RESTRICTING EYE MOVEMENTS INFLUENCE IMAGINED ACTIONS Aarohi Pathak, University of Toronto Shikha Patel, University of Toronto Timothy Welsh, University of Toronto

63. ON YOUR MARK: EXAMINING THE SELF-SELECTION OF STARTING POSITIONS DURING THE CONTROL OF GOAL-DIRECTED AIMING Dustin Hummel, *Nipissing University* Steve Hansen, *Nipissing University* 

64. COMPARING TWO MODERATE-TO-VIGOROUS PHYSICAL ACTIVITY ACCELEROMETER CUT-POINTS IN OLDER ADULTS WITH NECK AND BACK DISABILITY UNDERGOING EXERCISE AND SPINAL MANIPULATION INTERVENTIONS Quinn Malone, University of Manitoba Steven Passmore, University of Manitoba Michelle Maiers, Northwestern Health Sciences University

65. IS STROOP INDUCED MENTAL FATIGUE ACCURATELY REPORTED USING VAS OR IS IT JUST ALL IN YOUR HEAD? Claire Tuckey, McMaster University Stevie Foglia, McMaster University Kumara Somasundram, McMaster University Jin Li (Ivy) Xiong, McMaster University Jim Lyons, McMaster University

66. THE EFFECT OF SOCIAL-COMPARATIVE FEEDBACK ON CORTICOSPINAL EXCITABILITY AND BALANCE PERFORMANCE Stephanie Reischl, *Brock University* Syed Raza, *Brock University* Allan Adkin, *Brock University*  Jae Patterson, *Brock University* Craig Tokuno, *Brock University* 

67. MUST BE [TDCS] ON THE BRAIN, THAT'S GOT ME [MOVING] THIS WAY: TDCS OF PPC AFFECTS MOVEMENT EXECUTION BUT NOT IMAGINATION OR PERCEPTION Katrina Innanen, *University of Toronto* Sarah Latter, *University of Toronto* Emma Yoxon, *University of Toronto* Timothy N. Welsh, *University of Toronto* 

68. CORRESPONDENCE BETWEEN EXECUTED AND IMAGINED ACTIONS EXTENDS TO ALLOCENTRIC/RELATIVE REFERENCES CODES James Roberts, *Liverpool Hope University* Timothy Welsh, *University of Toronto* Caroline Wakefield, *Liverpool Hope University* 

69. THUMBS UP! (OR DOWN): MOVEMENT IMAGERY MAY INDUCE CHANGES IN CORTICAL MOVEMENT REPRESENTATION Emma Yoxon, University of Toronto Timothy N. Welsh, University of Toronto

70. THE INFLUENCE OF KINESTHETIC MOTOR IMAGERY AND EFFECTOR SPECIFICITY ON THE LONG-LATENCY STRETCH RESPONSE Christopher Forgaard, University of British Columbia Ian Franks, University of British Columbia Dana Maslovat, University of British Columbia Romeo Chua, University of British Columbia

71. INCREASES IN STIMULUS INTENSITY LEAD TO A GREATER RATE OF ACTIVATION ACCUMULATION IN PRIMARY MOTOR CORTEX Laura St. Germain, University of Ottawa Victoria Smith, University of Ottawa Dana Maslovat, University of British Colombia Anthony N. Carlsen, University of Ottawa

72. STARTREACT EFFECTS ARE DEPENDENT UPON ENGAGEMENT OF STARTLE REFLEX CIRCUITS: EVIDENCE FOR A SUBCORTICALLY MEDIATED INITIATION PATHWAY McKenzie Williams-Selby, University of Ottawa Victoria Smith, University of Ottawa Dana Maslovat, University of British Columbia Anthony N. Carlsen, University of Ottawa

# Sport Psychology Keynote Friday 4:30pm-5:30pm

Location: Colony East Chair: TBD

ALL TOGETHER: CONSIDERING SIMULTANEOUS PROCESSES AT THE LEVELS OF THE ATHLETE, THEIR FRIENDS, AND THEIR TEAM Elizabeth Page-Gould, *University of Toronto* 

## Verbal Session 1 Friday 5:45pm-7:15pm

### Sedentary Behaviour and Alternatives Location: TBD Chair: TBD

STANDING AND DYNAMIC SITTING IN THE UNIVERSITY CLASSROOM: PERCEPTIONS OF STUDENTS AND FACULTY Siobhan Smith, University of Western Ontario Sarah Deck, University of Western Ontario Harry Prapavessis, University of Western Ontario

AN EGO-NETWORK EXAMINATION OF FRIENDSHIP NETWORKS AND THE PHYSICAL ACTIVITY AND SCREEN TIME OF GRADE FIVE CHILDREN

Jodie A. Stearns, University of Alberta Paul J. Veugelers, University of Alberta Kate Storey, University of Alberta John C. Spence, University of Alberta

TAKING A STAND: A MIXED-METHODS STUDY ON ADULTS' PREFERRED HOME- AND WORK-BASED BREAKS FROM SITTING AND FACTORS AFFECTING DECISIONS TO TAKE BREAKS

Hoda Gharib, University of Toronto Monica LaBarge, Queens University Lucie Lévesque, Queens University

AN EXPLORATORY STUDY EXAMINING COMMUNICATION ABOUT SEDENTARY BEHAVIOUR TO OLDER ADULTS Paige Pope, University of Lethbridge Jennifer Copeland, University of Lethbridge Lauren Voss, University of Lethbridge Liam Collins, University of Lethbridge

WHO WANTS TO CATCH 'EM ALL? PERCEPTIONS OF POKEMON GO IN GAME USERS AND NON-USERS

Madelaine Gierc, *Queens University* Sean Locke, *University of British Columbia* Larry Brawley, *University of Saskatchewan* 

# HOW LONG DO MOTIVATIONAL INTERVIEWING SKILLS LAST? EVALUATION OF THE SUSTAINABILITY OF MI SKILLS IN NEWLY TRAINED COUNSELLORS IN A DIABETES PREVENTION PROGRAM

Kaela Cranston, University of British Columbia Elena Ivanova, University of British Columbia Connie Davis, Centre for Collaboration, Motivation and Innovation Mary E Jung, University of British Columbia

### Symposium: MALTREATMENT IN SPORT: IMPLICATIONS FOR SPORT PSYCHOLOGY RESEARCH AND PRACTICE Location: TBD

MALTREATMENT IN SPORT: IMPLICATIONS FOR SPORT PSYCHOLOGY RESEARCH AND PRACTICE

Gretchen Kerr, University of Toronto Ashley Stirling, University of Toronto Ellen MacPherson, University of Toronto Alexia Tam, University of Toronto Erin Willson, University of Toronto Anthony Battaglia, University of Toronto

A THEORETICAL OVERVIEW OF MALTREATMENT IN SPORT Ashley Stirling, *University of Toronto* 

EXPLORING SEXUAL HAZING PRACTICES AS A FORM OF SEXUAL VIOLENCE Alexia Tam, *University of Toronto* 

EFFECTS OF EMOTIONALLY ABUSIVE COACHING PRACTICES ON ATHLETES Erin Willson, *University of Toronto* 

PEER-TO-PEER BULLYING IN SPORT Ellen MacPherson, *University of Toronto* 

PHYSICAL ABUSE AND NEGLECT IN SPORT Anthony Battaglia, *University of Toronto* 

# <u>Verbal Session 2</u> Saturday 8:30am-10:00am

Neuromotor Control Location: TBD Chair: TBD

#### PLASTICITY AND SENSORY MOTOR INTEGRATION IN CEREBELLUM AND MOTOR CORTEX FOLLOWING CERVICAL EXTENSOR MUSCLE FATIGUE AND MOTOR SKILL ACQUISITION TASK

Mahboobeh Zabihhosseinian, University of Ontario Institute of Technology Paul Yielder, University of Ontario Institute of Technology Victoria Berkers, University of Ontario Institute of Technology Ushani Ambalavanar, University of Ontario Institute of Technology Rufeyda Cosgun, University of Ontario Institute of Technology Bernadette Murphy, University of Ontario Institute of Technology

# EFFECTS OF STATIC TRANSCRANIAL MAGNETIC STIMULATION OVER RIGHT PARIETAL CORTEX ON VISUOMOTOR ADAPTATION

Félix-Antoine Savoie, *Université de Sherbrooke* Jean-François Lepage, *Université de Sherbrooke* Kevin Whittingstall, *Université de Sherbrooke* Pierre-Michel Bernier, *Université de Sherbrooke* 

# THE TIME COURSE OF MOTONEURON EXCITABILITY DURING THE PREPARATION AND EXECUTION OF COMPLEX MOVEMENTS

Michael Kennefick, University of British Columbia Joel S. Burma, University of British Columbia Paul van Donkelaar, University of British Columbia Chris J. McNeil, University of British Columbia

### STARTLE REVEALS RESPONSE PREPARATION CAN TAKE UP TO 400MS IN AN INSTRUCTED-DELAY PARADIGM Victoria Smith, University of Ottawa Dana Maslovat, University of British Columbia Neil M. Drummond, University Health Network Anthony N. Carlsen, University of Ottawa

### THE TRICEPS' SPINAL STRETCH REFLEX CAN BE MODULATED TO SUPPORT REACHING Jeff Weiler, University of Western Ontario Paul Gribble, University of Western Ontario Andrew Pruszynski, University of Western Ontario

# THE INFLUENCE OF KINESTHETIC MOTOR IMAGERY AND EFFECTOR SPECIFICITY ON THE LONG-LATENCY STRETCH RESPONSE

Christopher Forgaard, University of British Columbia Ian Franks, University of British Columbia Dana Maslovat, University of British Columbia Romeo Chua, University of British Columbia

# Social Influences in Sport

Location: TBD Chair: TBD

WE THINK IT'S BAD, BUT DO WE KNOW WHAT WE'RE LOOKING FOR? MOVING TOWARD A MEASURE OF EARLY SPECIALIZATION IN SPORT Heather K. Larson, *University of Alberta* Bradley W. Young, *University of Ottawa* Tara-Leigh F. McHugh, *University of Alberta* Wendy M. Rodgers, *University of Alberta* 

THE TEAM COMMUNICATION NETWORK AND ATHLETE BURNOUT IN ADOLESCENT SOFTBALL PLAYERS Christine E. Pacewicz, *Michigan State University* Alan L. Smith, *Michigan State University* 

"ALL THE IMMIGRANT FAMILIES HERE ARE WORKING PRETTY HARD": PERCEIVED PARENTAL INFLUENCE ON SPORT PARTICIPATION IN NEIGHBOURHOOD IMPROVEMENT AREAS IN TORONTO Lauren Wolman, York University Jessica Fraser-Thomas, York University Yuka Nakamura, York University

PARENTAL COMMUNICATION AND REFLECTIVE PRACTICE AMONG YOUTH SPORT PARENTS Sina Azimi, *University of Toronto* Katherine Tamminen, *University of Toronto* 

COACHES', PARENTS', AND PEERS' INFLUENCE ON THE DEVELOPMENT AND TRANSFER OF LIFE SKILLS LEARNED THROUGH YOUTH SPORT PARTICIPATION Kacey C. Neely, University of Stirling Colin J. Deal, *University of Alberta* Tara-Leigh F. McHugh, *University of Alberta* Amber D. Mosewich, *University of Alberta* Nicholas L. Holt, *University of Alberta* 

#### **Intervention Complexity - From Feasibility to Translation**

Location: TBD Chair: TBD EXAMINING THE FEASIBILITY AND EFFECTS OF A PILOT ONLINE PHYSICAL ACTIVITY INTERVENTION TARGETING SOCIAL COGNITIVE VARIABLES IN YOUTH WITH PHYSICAL DISABILITIES Ritu Sharma, *University of Toronto* Amy E. Latimer-Cheung, *Queens University* John Cairney, *University of Toronto* Kelly P. Arbour-Nicitopoulos, *University of Toronto* 

"IT HAS TO BE MORE THAN EXERCISE": EXPLORING OPTIMAL PHYSICAL ACTIVITY PROGRAM DELIVERY FOR BREAST CANCER SURVIVORS ACROSS MULTIPLE STAKEHOLDER GROUPS IN CANCER CARE Kaitlyn Kauffeldt, *Queens University* Catherine Sabiston, *University of Toronto* Jennifer Tomasone, *Queens University* 

SELF-EFFICACY AND OUTCOME EXPECTATIONS OF ALBERTAN EDUCATORS FOR FOSTERING PHYSICAL LITERACY IN A PROVINCIAL PHYSICAL LITERACY PROGRAM Brendan Wohlers, *University of Alberta* Nick L. Holt, *University of Alberta* John C. Spence, *University of Alberta* 

TELE-REHABILITATION INTERVENTION TO INCREASE LEISURE TIME PHYSICAL ACTIVITY AMONG ADULTS WITH SPINAL CORD INJURY: AN IMPLEMENTATION EVALUATION Meredith Anne Rocchi, *McGill University* Tracy Robichaud Lapointe, *McGill University* Heather L Gainforth, *University of British Columbia* Keryn Chemtob, *McGill University* Kelly Arbour-Nicitopoulos, *University of Toronto* Dahlia Kairy, Universite de Montreal Brigitte Fillion, *CIUSSS du Centre-Sud-de-l'Île-de-Montréal* Shane N Sweet, *McGill University* 

"IT'S NOT SOMETHING THAT WE JUST DO FOR THE SAKE OF DOING": VOLUNTEERS' EXPERIENCES OF QUALITY PARTICIPATION IN A COMMUNITY-BASED EXERCISE PROGRAM FOR PEOPLE WITH PHYSICAL DISABILITIES Kristiann E. Man, *Queens University* Toni L. Williams, *Leeds-Beckett University* Celina H. Shirazipour, *Dalhousie University* Amy E. Latimer-Cheung, *Queens University* Jennifer R. Tomasone, *Queens University*  COPING VERSUS MASTERY MODELING INTERVENTION TO ENHANCE SELF-EFFICACY FOR EXERCISE IN PATIENTS WITH COPD Anne-Marie Selzler, *University of Alberta* Wendy M. Rodgers, *University of Alberta* Tanya R. Berry, *University of Alberta* Michael K. Stickland, *University of Alberta* 

# <u>BREAK</u> Saturday 10:00am-10:15am

Location: TBD

### <u>Verbal Session 3</u> Saturday 10:15am-11:45am

#### Motor Control in Sport and Physical Activity Location: TBD Chair: TBD

ON THE MULTISENSORY NATURE OF ANTICIPATION IN TENNIS Rouwen Cañal-Bruland, Friedrich Schiller University Jena Hauke Meyerhoff, Leibniz-Institut für Wissensmedien, Florian Müller, Friedrich Schiller University Jena

# INVESTIGATING ERROR DETECTION CAPABILITIES IN A NOVEL SENSORIMOTOR TASK AS A FUNCTION OF ATHLETIC EXPERIENCE

Claire Tuckey, Brock University, McMaster University Jae Patterson, Brock University David Gabriel, Brock University Allan Adkin, Brock University Michael Carter, McMaster University

OBSERVATION OF A SKILLED MODEL IN A SELF-CONTROLLED LEARNING ENVIRONMENT FACILITATES LEARNING OF A NOVEL MOTOR SKILL IRRESPECTIVE OF FREQUENCY OF MODELING Laura St. Germain, University of Ottawa Molly Brillinger, University of Ottawa Hilary Cotnam, University of Ottawa

Diane M. Ste-Marie, University of Ottawa

THE SINGLE-BOUT POST-EXERCISE EXECUTIVE BENEFIT IS INDEPENDENT OF AEROBICALLY SUPPORTED METABOLIC COSTS Matthew Heath, University of Western Ontario Andrea Petrella, University of Western Ontario David Limb, University of Western Ontario Andre Pelletier, University of Western Ontario Glen Belfry, University of Western Ontario

THE EFFECTS OF SPORT SPECIFIC TRAINING OF RUGBY PLAYERS ON AVOIDANCE BEHAVIOURS DURING A HEAD-ON COLLISION COURSE WITH AN APPROACHING PERSON Michael Cinelli, *Wilfrid Laurier University* Lana Pfaff, *Wilfrid Laurier University* 

OPTIMISING CHALLENGE: KEY TO THE DEVELOPMENT OF "SUPER-ELITE" EXPERTISE Ben Jones, *Bangor University* Gavin Lawrence, *Bangor University* Lew Hardy, *Bangor University* 

### Inclusion in Sport & Exercise Location: TBD Chair: TBD

A CASE STUDY EXPLORING THE EXPERIENCES OF A TRANSGENDER ATHLETE IN SYNCHRONIZED FIGURE SKATING Shannon Herrick, *McGill University* Meredith Rocchi, *McGill University* Lauren Couture, *University of British Columbia* 

"IT'S A BIG ADJUSTMENT COMING FROM THE RESERVE TO LIVING IN A TOTALLY DIFFERENT SOCIETY": EXPLORING THE WELL-BEING OF FIRST NATIONS ATHLETES PLAYING SPORT IN AN URBAN "MAINSTREAM" CONTEXT Shara R. Johnson, College of Kinesiology, *University of Saskatchewan* Jennifer Poudrier, Department of Sociology, *University of Saskatchewan* Heather Foulds, College of Kinesiology, *University of Saskatchewan* Leah J. Ferguson, College of Kinesiology, *University of Saskatchewan* 

IN AND OUT: EXPLORING INCLUSION AND ALIENATION WITHIN THE SPORT EXPERIENCES OF HIJABI ATHLETES IN ONTARIO Asma Khalil, *University of Toronto* Katherine Tamminen, *University of Toronto* 

# EXPLORING STEREOTYPES OF ATHLETES WITH A DISABILITY: MULTIPLE MEDIATION ANALYSES USING THE STEREOTYPE CONTENT MODEL

Rachael C. Stone, *Queens University* Shane N. Sweet, *McGill University* Marie-Josee Perrier, *McMaster University* Tara MacDonald, Queens University Kathleen A. Martin Ginis, *University of British Columbia*  Amy E. Latimer-Cheung, Queens University

### A SNAPSHOT OF QUALITY PARTICIPATION IN PHYSICAL ACTIVITY FOR INDIVIDUALS WITH DEVELOPMENTAL DISABILITIES: A PHOTO-ELICITATION STUDY Kathryn Andrusko, *Queens University* Amy E. Latimer-Cheung, *Queens University* Jennifer R. Tomasone, *Queens University*

BRIEF THEORY-BASED INTERVENTION TO INCREASE PHYSICAL ACTIVITY LEVELS AMONG OBESE MEN WITH SEVERE MENTAL ILLNESS: A FEASIBILITY STUDY Ahmed Jerome Romain, l'Universitié de Montréal Reginald Cadet, Université du Québec en Outaouais Aurélie Baillot, Université du Québec en Outaouais

## Advances in Mental Health Across the Lifespan Location: TBD Chair: TBD

THE RELATIONSHIP BETWEEN PHYSICAL ACTIVITY AND STRESS WITHIN WOMEN TREATED FOR BREAST CANCER Madison F Vani, *University of Toronto* Thomas Curran, *University of Bath* Catherine M Sabiston, *University of Toronto* 

A MIXED-METHODS APPROACH TO UNDERSTANDING THE NEED FOR EMBEDDED PHYSICAL ACTIVITY INTERVENTIONS FOR MENTAL HEALTH WITHIN UNIVERSITY COUNSELLING CENTRES Melissa DeJonge, University of Toronto Garcia Ashdown-Franks, University of Toronto Guy E. Faulkner, University of British Columbia Catherine M. Sabiston, University of Toronto

FITNESS CORRELATES OF BODY IMAGE IN MIDDLE-TO OLDER AGED ADULTS Kirina Angrish, *Brock University* Kimberley L Gammage, *Brock University* Larkin Lamarche, *McMaster University* Allan Adkin, *Brock University* 

MINDMASTERS 2: A 3-MONTH EVALUATION OF A PHYSICAL ACTIVITY-BASED RESOURCE ON GRADE 3 CHILDREN'S SOCIAL AND EMOTIONAL SKILLS Alexandre Santos, Children's Hospital of Eastern Ontario Corrine Langill, Children's Hospital of Eastern Ontario THE EFFECT OF MODERATE INTENSITY AEROBIC EXERCISE TRAINING ON GENERAL ANXIETY SEVERITY IN YOUNG ADULTS. Kristen Lucibello, *University of Toronto* Jennifer J. Heisz, *McMaster University* 

EXAMINING WEEKLY PSYCHOLOGICAL DISTRESS AND STRESS IN FIRST-YEAR UNIVERSITY STUDENTS: RESULTS FROM THE PILOT PLUS PROGRAM Cierra Healey, *McMaster University* Jeffrey Graham, *McMaster University* Chloe Bedard, *McMaster University* Emily Bremer, *McMaster University* John Cairney, *University of Toronto* Matthew Kwan, *McMaster University* 

### <u>LUNCH</u> Saturday 11:45am-1:15pm (on your own)

## <u>Verbal Session 4</u> Saturday 1:15pm-2:45pm

Symposium: Errors make you better: behavioral, theoretical and neurophysiological determinants of error processing in motor learning Location: TBD

MODERATORS & DISCUSSANTS Erin Cressman, *University of Ottawa* Maxime Trempe, *Bishop's University* 

SELF-CONTROLLED FEEDBACK AND ERROR ESTIMATION Michael J. Carter, *McMaster University* 

WHERE'S MY HAND? UPDATING PROPRIOCEPTION AND PREDICTION FOR MOTOR LEARNING Denise YP Henriques, *York University* 

EEG MANIFESTATIONS OF ERRORS DURING REACH ADAPTATION Pierre-Michel Bernier, *Université de Sherbrook* 

### Processes of Decision-Making and Self-Regulation Location: TBD Chair: TBD

### PHYSICAL ACTIVITY MESSAGES - WHAT DO YOUTH WITH DISABILITIES THINK?

Victoria Larocca, York University Kelly Arbour-Nicitopoulos, University of Toronto Amy Latimer-Cheung, Queens University Rebecca Bassett-Gunter, York University

EFFECTS OF MENTAL FATIGUE ON MUSCLE ACTIVATION AND RESISTANCE EXERCISE PERFORMANCE DenverBrown, McMaster University Divya Mendonca, McMaster University Amanda Farias Zuniga, McMaster University Daanish Mulla, McMaster University Peter Keir, McMaster University Steven Bray, McMaster University

EXAMINING THE RELATIONSHIPS BETWEEN MOTOR COORDINATION, SELF-REGULATION, AND ENDURANCE EXERCISE PERFORMANCE IN PRESCHOOL-AGED CHILDREN Maeghan James, *University of Toronto* Daniele Chirico, *McMaster University* 

Jeffrey Graham, *McMaster University* John Cairney, *University of Toronto* 

MOTIVATED, FIT, AND STRONG: USING NON-WEIGHT STIGMATIZING IMAGES AND POSITIVE PHYSICAL ACTIVITY WORDS IN AN IMPLICIT RETRAINING TASK TO REDUCE INTERNALIZED WEIGHT BIAS IN WOMEN LIVING WITH OBESITY Maxine Myre, University of Alberta Tanya Berry, University of Alberta

UNDERSTANDING CONSISTENT EXERCISE MAINTENANCE: PSYCHOSOCIAL FACTORS RELATED TO LONG-TERM SUCCESS Larry Brawley, *University of Saskatchewan* Mackenzie G. Marchant, *University of Saskatchewan* Nancy C. Gyurcsik, *University of Saskatchewan* 

EFFECTS OF COGNITIVE EFFORT EXERTION ON PHYSICAL SENSE OF EFFORT AND FORCE PRODUCTION Kira Innes, *McMaster University* Steven R. Bray, *McMaster University* 

### Symposium LONG-TERM PARTICIPATION IN PARASPORT: CURRENT ISSUES, CHALLENGES AND FUTURE DIRECTIONS Location: TBD

Chair: Nima Dehghansai & Joe Baker

LONG-TERM PARTICIPATION IN PARASPORT: CURRENT ISSUES, CHALLENGES AND FUTURE DIRECTIONS Nima Dehghansai, *York University* Joe Baker, *York University* 

ATHLETE JOURNEYS IN PARASPORT: IDENTIFYING FACTORS THAT INFLUENCE ATHLETES' PARTICIPATION, MAINTENANCE AND DEVELOPMENT Nima Dehghansai, York University Joe Baker, York University Ross Pinder, Australian Paralympic Committee

FOSTERING QUALITY PARASPORT PROGRAMS: A COLLECTIVE CASE STUDY OF MODEL COACHES IN PARASPORT Veronica Allan, *Queens University* Kathleen Martin Ginis, *University of British Columbia - Okanagan* Amy Latimer-Cheung, *Queens University* Jean Côté, *Queens University* 

LONG-TERM ATHLETE DEVELOPMENT FOR PARASPORT ATHLETES: INTERPRETATIONS AND CONSIDERATIONS FOR PARASPORT ATHLETE DEVELOPMENT Kyle Paradis, University of Western Ontario Laura Misener, University of Western Ontario

AN EXPLORATION OF THE UPTAKE AND CONTINUED PARTICIPATION IN SPORTS IN CHILDREN AND YOUTH WITH PHYSICAL DISABILITIES Kelly Arbour-Nicitopoulos, *University of Toronto* 

### BREAK Saturday 2:45pm-3:00pm Location: TBD

# <u>Verbal Session 5</u> Saturday 3:00pm-4:30pm

### Motor Planning and Control Location: TBD Chair: TBD

PRACTICE DOES NOT LEAD TO CHANGES IN MOVEMENT TRAJECTORIES IN FITTS' LAW TASKS Howard Zelaznik, *Purdue University* 

ACTION FLUENCY FACILITATES PERCEPTUAL DISCRIMINATION Joo-Hyun Song, *Brown University* Jianfei Guo, *Brown University* 

PRESSURE ENHANCES ONLINE CONTROL WHEN "I" DON'T KNOW I NEED TO CORRECT, BUT REDUCES IT WHEN "I" DO: MOTOR CONTROL STRATEGIES AND STATE ANXIETY. Robin Owen, *Bangor University* Victoria Gottwald, *Bangor University* Gavin Lawrence, *Bangor University* 

TIME-SHIFTING IN VIRTUAL REALITY INDUCES MOTOR BUT NOT NON-MOTOR TEMPORAL RECALIBRATION Ambika Bansal, University of Waterloo Seamus Weech, University of Waterloo Michael Barnett-Cowan, University of Waterloo

HIT ME WITH YOUR BEST SHOCK: DIFFERENCES BETWEEN COGNITIVE AND PHYSICAL PENALTIES IN A DECISION BASED REACHING TASK Christopher W. Holland, *Dalhousie University* Heather Neyedli, *Dalhousie University* 

CHOOSING BETWEEN ACTION ALTERNATIVES IN AN UNCONSTRAINED TASK ENVIRONMENT Jessica Cappelletto, *McMaster University* Jim Lyons, *McMaster University* 

> **Coaching** Location: TBD Chair: TBD

TRANSFORMATIONAL COACHING IN ACTION: AN EXPLORATION OF COACHES' REAL-TIME LEADERSHIP BEHAVIOURS IN YOUTH SPORT Jennifer Turnnidge, *Queens University*  Mark W. Bruner, *Nipissing University* Jean Côté, *Queens University* 

ASSESSING THE EFFECTIVENESS OF A TRANSFORMATIONAL COACHING WORKSHOP FOR CHANGING YOUTH SPORT COACHES' BEHAVIOURS Sarah Lawrason, *Queens University* Jennifer Turnnidge, *Queens University* Luc Martin, *Queens University* Jean Côté, *Queens University* 

NEEDS ASSESSMENT FOR COACHES OF YOUNG CHILDREN Alysha Matthews, Department of Kinesiology, *Michigan State University* Karl Erickson, Department of Kinesiology, *Michigan State University* 

MOTIVATIONAL INTERVIEWING AND UNIVERSITY SPORT IN CANADA: WHAT DO HEAD COACHES SAY? Colin M. Wierts, *University of British Columbia* Philip M. Wilson, *Brock University* Diane E. Mack, *Brock University* 

THE WORD AROUND THE WATERCOOLER: COACHES' PERSPECTIVES OF AN INCLUSIVE PHYSICAL LITERACY PROGRAM FOR CHILDREN AND YOUTH Krystn Orr, *University of Toronto* F. Virginia Wright, *Bloorview Research Institute* Kelly P. Arbour-Nicitopoulos, *University of Toronto* 

#### Positive Psychology in Sport and Exercise Location: TBD Chair: TBD

MEN ATHLETES' MASCULINITY AND RELATIONSHIPS TO SELF-COMPASSION AND FEAR OF COMPASSION FOR SELF Nathan A. Reis, University of Saskatchewan Kent C. Kowalski, University of Saskatchewan Amber D. Mosewich, University of Saskatchewan Leah J. Ferguson, University of Saskatchewan

HOW DO ATHLETES SHIFT FROM SELF-CRITICAL TO SELF-COMPASSIONATE APPROACHES WITHIN ELITE SPORT CONTEXTS? Danae Frentz,; *University of Alberta* Tara-Leigh McHugh, *University of Alberta* Amber Mosewich, *University of Alberta* 

HOW DO PASSIONATE SPORTS FANS RESPOND WHEN GOOD THINGS HAPPEN? A LOOK AT SAVOURING AND DAMPENING

Benjamin Schellenberg, University of Manitoba Patrick Gaudreau, University of Ottawa

# "I'M AT RISK FOR HEART DISEASE?" SELF-COMPASSION AND REACTIONS TO A HEALTH THREAT

Brittany Semenchuk, University of Manitoba Shaelyn Strachan, University of Manitoba Cindy Miller, University of Manitoba Kevin, F. Boreski, University of Manitoba Denise Cornish, University of Manitoba Todd Duhamel, University of Manitoba

INVESTIGATING THE ROLE OF MINDFULNESS IN THE RELATIONSHIP BETWEEN PHYSICAL ACTIVITY AND MENTAL HEALTH Allison Mizzi, *McMaster University* Jennifer Heisz, *McMaster University* 

EXPLORING THE ASSOCIATION BETWEEN BODY-RELATED EMOTIONS AND UNIVERSITY STUDENTS' MENTAL HEALTH AND PHYSICAL ACTIVITY BEHAVIOUR Amy Nesbitt, University of Toronto Eva Pila, University of Saskatchewan Andree L. Castonguay, Montreal Neurological Institute and Hospital Catherine M. Sabiston, University of Toronto

### BREAK Saturday 4:30pm-4:45pm

# <u>CARRON & WILBERG LECTURES</u> <u>Saturday 4:45pm-5:45pm</u>

Location: Colony East & Colony Centre Chair: TBD

### WILBERG LECTURE

DOES 25,000 HOURS OF PRACTICE ABOUT PRACTICE MAKE YOU AN EXPERT? Nicola Hodges, *University of British Columbia* 

### **CARRON LECTURE**

A CAREER EXAMINING STRESS AND ADAPTATION IN SPORT AND EXERCISE: VOLTAIRE'S ENLIGHTENMENT OR DANTE'S INFERNO Peter Crocker, *University of British Columbia*