

Thursday October 12 th , 2023		
1:00pm – 4:00pm	Pre-Conference Workshop <i>Creating 2SLGBTQIA+ inclusivity in physical activity, exercise, and sport research, teaching, and practice</i> (Gibraltar)	Conference Registration (Main Foyer)
5:00pm – 7:00pm	Welcome & Franklin Henry Young Scientist Award Presentations (Full Ballroom)	
7:00pm – 9:00pm	Opening Reception (Main Foyer & Old Stones Room)	

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Friday October 13th, 2023

8:30am – 9:45am	Bodies and Behaviours (Ballroom AB)	Emotions in Sport (Ballroom C)	Perception and Imagination (Gibraltar)
9:45am – 10:00am	Break		
10:00am – 11:15am	Identities in Physical Activity (Ballroom AB)	Coaching in Sport (Ballroom C)	Planning and Online Control (Gibraltar)
11:15am – 11:30am	Break		
11:30am – 12:30pm	Wilberg Lecture Dr. Matthew Heath (Western University) (Full Ballroom)		
12:30pm – 1:45pm	Annual General Meeting & Lunch (Full Ballroom)		
2:00pm – 3:15pm	Developments in Digital Health (Ballroom AB)	Athlete Wellbeing (Ballroom C)	Motor Learning and Adaptation (Gibraltar)
3:15pm – 3:30pm	Break		
3:30pm – 4:30pm	Keynote Dr. Wendy Craig (Queen's University) (Full Ballroom)		
4:45pm – 6:15pm	Poster Session 1 (Lakeview/Harbourview @ Delta Hotel) Boccia Games (Grandview @ Delta Hotel)		
8:00pm onwards	Student Social		

Saturday October 14th, 2023

8:30am – 10:00am	Poster Session 2 (Lakeview/Harbourview @ Delta Hotel)		
10:15am – 10:30am	Break		
10:30am – 11:45am	Methods in Sport Research (Ballroom AB)	Athlete Experiences in Sport (Ballroom C)	From Performative to Transformative Allyship in the Academy: A Critical Conversation (Gibraltar)
11:45am – 12:00pm	Break		
12:00pm – 1:00pm	Carron Lecture Dr. Leisha Strachan (University of Manitoba) (Full Ballroom)		
1:00pm – 2:30pm	Lunch (on your own)		
2:30pm – 3:45pm	Considerations for Physical Activity Contexts (Ballroom AB)	Novel Research Perspectives (Ballroom C)	Theoretical Considerations and Methods in Human Motor Control (Gibraltar)
3:45pm – 4:00pm	Break		
4:00pm – 5:00pm	Keynote Dr. Monica Castelhana (Queen's University) (Full Ballroom)		
6:30pm – 11:00pm	Banquet Dinner (Full Ballroom)		



FULL PROGRAM 2023

Thursday October 12th, 2023 Young Scientist Award Presentations

5:20pm – 5:45pm	Award Recipient: Laura St. Germain (McMaster University) Presentation Title: Autonomy-supportive instructional language does not enhance skill acquisition compared to controlling instructional language
5:50pm – 6:15pm	Award Recipient: Maeghan James (University of Toronto) Presentation Title: Parent Support for Physical Activity and Motor Skills During Early Childhood: A Mixed Methods Application of the Multi-Process Action Control Framework
6:20pm – 6:45pm	Award Recipient: Danielle Alexander (McGill University) Presentation Title: Effective coaching strategies towards managing National Paraspport teams: Views from head coaches, athletes, and integrated support teams

Friday October 13th, 2023 Verbal Session 1

EXERCISE PSYCHOLOGY: Bodies and Behaviours

Location: Ballroom AB

Chair: Amy Latimer-Cheung

8:30am – 8:45am	Psychosocial outcomes in sport: Context-specific rumination for adolescent girls Authors: Samira Sunderji & Catherine M. Sabiston
8:45am – 9:00am	Evaluating weight inclusivity in physical activity: Environmental scans of virtual resources and physical spaces Authors: Megan Sutton, Sara Stanley, & Eva Pila
9:00am – 9:15am	Goldilocks days for adolescent mental health: Gender differences in optimal and sub-optimal movement behaviours combinations for well-being, anxiety and depression Authors: Markus Duncan, Nicholas Corey Kuzik, Diego A.S. Silva, Valerie Carson, Jean-Philippe Chaput, Guy Faulkner, Mark A. Ferro, Anne-Marie Turcotte-Tremblay, Scott T. Leatherdale, Karen Patte, & Mark S. Tremblay
9:15am – 9:30am	The 'ideal' body according to AI: Body image implications for athletes and non-athletes Authors: Edina Bijvoet, Delaney E. Thibodeau, Jessica Boyes, Sasha Gollish, & Catherine M. Sabiston
9:30am – 9:45 am	The effectiveness of interventions to improve the balance of movement behaviours over the 24-hour day among immigrants: a systematic review Authors: El Zahraa Majed, Jenna Abdel-Jalil, & Lucie Lévesque

SPORTS PSYCHOLOGY: Emotions in Sport Location: Ballroom C Chair: Luc Martin	
8:30am – 8:45am	“I do what you do”: Youth athletes’ emotion regulation is related to what their teammates do Authors: Jeemin Kim, Katherine Tamminen, & Rowena Cai
8:45am – 9:00am	A mixed methods evaluation of a web-based program to enhance sport parents’ emotional intelligence Authors: Shannon R. Pynn, Geri R. Ruissen, Amber D. Mosewich, & Nicholas L. Holt
9:00am – 9:15am	Passion and engagement among athletes and coaches: A look using a quadripartite approach Authors: Benjamin Schellenberg & Jack Lötscher
9:15am – 9:30am	A qualitative case study of emotion regulation dynamics within competitive youth sport families Authors: Jordan Sutcliffe & Katherine Tamminen
9:30am – 9:45am	“We do not have rules, we have boundaries” – an extreme case study among a diverse group of youth players with special needs Authors: Niels Nygaard Rossing & Lotte Stausgaard Skrubbeltrang
MOTOR CONTROL AND LEARNING: Perception and Imagination Location: Gibraltar Chair: Gerome Manson	
8:30am – 8:45am	Imagine all the people! Can we account for the assumed motor abilities of other people when imagining performing joint actions? Authors: Molly Brillinger & Timothy Welsh
8:45am – 9:00am	Online corrections can occur within movement imagery: An investigation of the motor-cognitive model Authors: James Roberts, Caroline Wakefield, & Robin Owen
9:00am – 9:15am	It was just my imagination: Combined imagery/physical practice yields comparable benefits as physical practice in percussion performance Authors: Tristan Loria, Alex Fraga, Timothy Roth, Ethan Ardelli, Ernesto Cervini, Nick Fraser, Aiyun Huang, & Michael H. Thaut
9:15am – 9:30 am	Test tube: On the sensorimotor costs of virtual environments Authors: Damian M. Manzone, Joseph X. Manzone, Xiaoye Michael Wang, Timothy N. Welsh, & Luc Tremblay
9:30am – 9:45am	Autistic trait expression does not affect Müller-Lyer susceptibility across forced-choice tasks Authors: Ganesh Tailor & Cheryl M. Glazebrook

Friday October 13th, 2023

Verbal Session 2

EXERCISE PSYCHOLOGY: Identities in Physical Activity

Location: Ballroom AB

Chair: Tami Morgan

10:00am – 10:15am	A qualitative exploration of queer women's relationship with the body and physical activity Authors: Jade Bailey & Eva Pila
10:15am – 10:30am	How weight (dis)satisfaction shapes physical activity participation across the life course: Affect, embodiment, and identities as (often) forgotten intersecting dimensions. Authors: Regan Sarah Irene Thompson & Erica Valérie Bennett
10:30am – 10:45am	Explaining the self-regulatory role of affect in identity theory: The importance of self-compassion Authors: Shaelyn Strachan, Sasha Kullman, Alexandra Yarema, & Caity Patson
10:45am – 11:00am	"I feel like a turkey. Not done super well but look okay to eat": Exploring the complexities of motherhood and physical activity using autophotography Authors: Talia Ritondo, Corliss Bean, & Iris Lesser
11:00am – 11:15am	"How can I nurture my body after having mistreated it for so long?": Exploring women's in-depth experiences of applying self-compassion to physical activity distress Authors: Katarina L. Huellemann, Rachel M. Calogero, & Eva Pila

SPORTS PSYCHOLOGY: Coaching in Sport

Location: Ballroom C

Chair: Alex Murata

10:00am – 10:15am	Youth sport coaching as social contribution: Exploring developmental pathways to community service Authors: Erin Teschuk, Matthew Vierimaa, David Hancock, & Karl Erickson
10:15am – 10:30am	Stories of "Coaching Better" Competitive Sport Through Critical Reflection and Action Authors: Sara Kramers & Martin Camiré

SPORTS PSYCHOLOGY: Coaching in Sport

Location: Ballroom C

Chair: Alex Murata

10:30am – 10:45am	<p>“My biggest learning curve:” Coaches’ experiences of working with athletes who menstruate</p> <p>Authors: Helene Jørgensen, Katie Kavic, Margie H. Davenport, & Tara-Leigh McHugh</p>
10:45am – 11:00am	<p>“They learn quickly there are consequences for their actions”: Youth sport coaches’ perspectives on the effects of benching</p> <p>Authors: Anthony Battaglia & Gretchen Kerr</p>
11:00am – 11:15am	<p>The influence of coaches’ life experience on sport-based youth development programming</p> <p>Authors: Michael (Jonathan) Hood, Simon Darnell, Kathleen Martin Ginis, & Kelly Arbour-Nicitopoulos</p>

MOTOR CONTROL AND LEARNING: Planning and Online Control

Location: Gibraltar

Chair: Sarvenaz Heirani Moghaddam

10:00am – 10:15am	<p>Humans make an excessive number of indecisions under time constraints</p> <p>Authors: Seth Sullivan, Rakshith Lokesh, Christopher Peters, Jan Calalo, Adam Roth, John Buggeln, Truc Ngo, Michael Carter, & Joshua Cashaback</p>
10:15am – 10:30am	<p>Planning and online movement guidance to visual and non-visual target locations</p> <p>Authors: Sadiya Abdulrabba & Gerome Manson</p>
10:30am – 10:45am	<p>Reaching reflects ongoing deliberation prior to a decision</p> <p>Authors: Jan Calalo, Truc Ngo, Seth Sullivan, Adam Roth, Rakshith Lokesh, John Buggeln, Kathryn Strand, Michael Carter, Isaac Kurtzer, & Joshua Cashaback</p>
10:45am – 11:00am	<p>Premovement suppression of MEP amplitude is greater for simple and go/no-go reaction time tasks compared to choice reaction time</p> <p>Authors: Cassandra Santangelo, Christin Sadler, Dana Maslovat, & Anthony Carlsen</p>
11:00am – 11:15am	<p>From lips to hand: How images of lip postures can facilitate hand movements</p> <p>Authors: Joëlle Hajj, Stephanie Larosa, & Luc Tremblay</p>

Friday October 13th, 2023

Verbal Session 3

EXERCISE PSYCHOLOGY: Developments in Digital Health

Location: Ballroom AB

Chair: Alex Walters

2:00pm – 2:15pm	Connecting women living beyond breast cancer for physical activity change: the importance of partner quality and social support on physical activity Authors: Erin K. O'Loughlin, Ross Murray, Jenna Smith-Turchyn, Madison F. Vani, & Catherine M. Sabiston
2:15pm – 2:30pm	What are important factors for physical activity peer-partners among women with cancer? Authors: Delaney Thibodeau, Roxy O'Rourke, Madison Van, Erin O'Loughlin, & Catherine Sabiston
2:30pm – 2:45pm	Rethinking Exercise Promotion in Depression: A Call from Reddit's r/depression Community to Move Beyond "Just Exercise" Authors: Jason Dellatolla & Lindsay R. Duncan
2:45pm – 3:00pm	"We are in this together" – Social Presence and Groupness predict satisfaction and intention to return in Zwift cycling groups Authors: Sebastian Harenberg, Melanie Y. Lam, & Tadeu N. J. de Freitas
3:00pm – 3:15pm	Applying the behaviour change wheel to assess the theoretical underpinning of a novel smartphone application to increase physical activity in adults with spinal cord injuries Authors: James Haley, Daniel Rhind, & David Maidment

SPORTS PSYCHOLOGY: Athlete Wellbeing

Location: Ballroom C

Chair: Kelsey Saizew

2:00pm – 2:15pm	"It's allowing space for vulnerability": Exploring athlete experiences with trust in interdependent sport Authors: Cailie McGuire, Lori Dithurbide, & Luc J. Martin
2:15pm – 2:30pm	Exploring the effect of social support from sport medicine staff on injured female athletes' well-being during rehabilitation Authors: Kirsten Hutt & Katherine Tamminen
2:30pm – 2:45pm	"It's a reflection of how I feel inside... of how I'm looking outside": Racialized Young Women Athletes' Descriptions of Body Self-Compassion Authors: Abimbola O. Eke, Marta C. Erlandson, M. Louise Humbert, Stephanie L. Martin, & Leah J. Ferguson

SPORTS PSYCHOLOGY: Athlete Wellbeing Location: Ballroom C Chair: Kelsey Saizew	
2:45pm – 3:00pm	Developing mental health literacy interventions in sport settings: The need for feasibility studies Authors: Paul Gorczynski, Shakiba Oftadeh-Moghadam, & Neil Weston
3:00pm – 3:15pm	“If you love something that much, you're willing to get through the obstacles”: A grounded theory of grit in competitive sport Authors: Danielle Cormier, Leah J. Ferguson, Nancy C. Gyurcsik, Jennifer L. Briere, & Kent C. Kowalski

MOTOR CONTROL AND LEARNING: Motor Learning and Adaptation Location: Gibraltar Chair: Sarvenaz Heirani Moghaddam	
2:00pm – 2:15pm	Neural markers of movement preparation and outcome during motor adaptation and de novo learning tasks Authors: Raphael Gastrock, Edward Ody, Denise Henriques, & Bernard Marius 't Hart
2:15pm – 2:30pm	I get by with a little help from my partner: Comparing the effectiveness of paired vs. individual practice for motor learning in music Authors: Gloria Tian, Tristan Loria, Timothy Roth, Emma Burke-Kleinman, April Karlinsky, Jason Jiajun Zhang, Bina John, Aiyun Huang, & Michael H. Thaut
2:30pm – 2:45pm	An external focus of attention does not always benefit motor learning: evidence from visuomotor adaptation Authors: Darrin O. Wijeyaratnam & Erin K. Cressman
2:45pm – 3:00pm	The roles and interplay of reinforcement-based and error-based processes on exploratory behaviour in Parkinson’s Disease and neurologically intact populations Authors: Adam Roth, John Buggeln, Jan Calalo, Rakshith Lokesh, Seth Sullivan, Truc Ngo, Michael Carter, John Jeka, & Joshua Cashaback
3:00pm – 3:15pm	Sensory contributions to piano learning for novices Authors: Liam Morassut, Sadiya Abdulrabba, Jessica Facchini, & Gerome Manson

Saturday October 14th, 2023

Verbal Session 4

SPORTS PSYCHOLOGY: Methods in Sport Research

Location: Ballroom AB

Chair: Janet Lawson

10:30am – 10:45am	Technical directors' perspectives of selection experiences in Canadian youth soccer clubs Authors: Margaret Nieto, Justine Vosloo, Luc J. Martin, Dave Nutt, Jean Côté, & Sebastian Harenberg
10:45am – 11:00am	Body surveillance, but not body-related emotions, impact cognitive and motor performance among adolescents Authors: Catherine Sabiston, Ross Murray, Madison Vani, & Timothy Welsh
11:00am – 11:15am	Considerations around using body mapping methods for exploring mental health experiences of para-athletes Authors: Roxy Helliker O'Rourke, Andrea Bundon, Catherine M. Sabiston, & Kelly P. Arbour-Nicitopoulos
11:15am – 11:30am	Unveiling the mosaic of identity: Illuminating intersectionality through a Delphi Process for quantitative questionnaire development Authors: Eun-Young Lee, Lee Airtion, Eun Jung, Heejun Lim, Amy Latimer-Cheung, Courtney Szto, Mary Louise Adams, Shilpa Dogra, Guy Faulkner, Leah Ferguson, Danielle Peers, Susan Phillips, & Kyoung June Yi
11:30am – 11:45am	Exploring the physical education experiences of transgender and gender-nonconforming adolescents: Findings from the Playbright theatre-based research project Authors: Shannon Herrick & Lindsay Duncan

SPORTS PSYCHOLOGY: Athlete Experiences in Sport

Location: Ballroom C

Chair: Cailie McGuire

10:30am – 10:45am	Concussion (mis)education: Implications of prevention narratives on youth athlete concussion experiences Authors: Kaleigh Pennock & Braeden McKenzie
10:45am – 11:00am	A risky business: Relationships between perceived risk of concussion and protective behaviours in varsity athletes Authors: Simon Grasdall, Fergal O'Hagan, Michael Jorgensen, & Jessica Malcolm

SPORTS PSYCHOLOGY: Athlete Experiences in Sport

Location: Ballroom C

Chair: Cailie McGuire

11:00am – 11:15am	Social support and return to sport: A prospective explanatory-sequential mixed methods study of concussed university athletes Authors: Carley Jewell, Jeffrey Caron, Paige Pope, & Scott Rathwell
11:15am – 11:30am	Exploring perspectives of youth with and without intellectual and developmental disabilities and varying intersectional identities towards a mixed abilities physical education program and quality participation experiences Authors: Nancy Huynh, Rebecca Bassett-Gunter, Michael Atkinson, & Kelly Arbour-Nicitopoulos
11:30am – 11:45am	Investigating the influence of mental toughness on risk-taking behaviour in sport Authors: Mishka Blacker & Philip Sullivan

PANEL DISCUSSION: Allyship in the Academy

Location: Gibraltar

Chair: Lucie Lévesque

10:30am – 11:30am	From performative to transformative allyship in the academy: A critical conversation Authors: Brittany Wenniseríostha Jock, Lucie Lévesque, Brittany McBeath, & Colin Bailie
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Saturday October 14th, 2023

Verbal Session 5

EXERCISE PSYCHOLOGY: Considerations for Physical Activity Contexts

Location: Ballroom AB

Chair: El Zahraa Majed

2:30pm – 2:45pm	Step-by-step: Establishing expert informed recommendations for inclusive and adaptive dance instruction using a hybrid-Delphi technique Authors: Jacqueline C. Ladwig, Kathryn M. Sibley, Jacquie Ripat, & Cheryl M. Glazebrook
2:45pm – 3:00pm	Evaluating behaviour change training modules for Kinesiologists: Enhancing adapted physical activity service provision for two community organizations Authors: Nour Saadawi, Krista Best, Olivia Pastore, Roxanne Périnet-Lacroix, Jennifer Tomasone, Mario Légaré, Annabelle de Serres-Lafontaine, & Shane Sweet
3:00pm – 3:15pm	An evaluation of a body image training course for health professionals Authors: Maryam Marashi, David M. Brown, Erin K. O'Loughlin, & Catherine M. Sabiston
3:15pm – 3:30pm	"I feel like it was hive mentality. Everyone's like a gym rat": Introducing and exploring the concept of "endorsement of fitness culture norms" Authors: Sara Stanley, Katarina Huellemann, & Eva Pila
3:30pm – 3:45pm	Physical activity and exercise experiences among people with Parkinson's disease or multiple sclerosis during the COVID-19 pandemic in Canada Authors: Olivia Parker & Kimberley Gammage

SPORTS PSYCHOLOGY: Novel Research Perspectives

Location: Ballroom C

Chair: Jean Côté

2:30pm – 2:45pm	The Sport Partnership Collective: Advancing the science and practice of meaningful research partnerships Authors: Majidullah Shaikh, Veronica Allan, Heather Gainforth, Kim Gurtler, & Karl Erickson
2:45pm – 3:00pm	Design thinking for research in sport psychology Authors: Diane Culver, Rabia Ozturk Kizikaya, Sydney Graper, Iman Hassan, Siobhan Rourke, & Tim Konoval
3:00pm – 3:15pm	An agential realist reimagining of the concepts of "positive", "youth", "development", and "sport" Author: Martin Camiré

3:15pm – 3:30pm	Reflecting on reflections: Critically appraising the benefits of member reflections for researchers, participants, findings, and studies Authors: Karissa L. Johnson & Leah J. Ferguson
3:30pm – 3:45pm	Centring Indigenous voices and experiences to advance positive youth development in sport research Authors: Leah J. Ferguson, Tara-Leigh F. McHugh, & Leisha Strachan

MOTOR CONTROL AND LEARNING: Theoretical Considerations and Methods in Human Motor Control Location: Gibraltar Chair: Sadiya Abdulrabba	
2:30pm – 2:45pm	Putting in the effort: Explicit effort may not influence perceptuomotor decision-making Authors: Joseph Xavier Manzone & Timothy Welsh
2:45pm – 3:00pm	TAT-HUM: Trajectory Analysis Toolkit for Human Movements in Python Authors: Xiaoye Michael Wang & Timothy Welsh
3:00pm – 3:15pm	Mental fatigue limits explicit contributions to visuomotor adaptation Authors: David Apreutesei & Erin K. Cressman
3:15pm – 3:30pm	Self-reported outcomes from a focus of attention workshop for Canadian physiotherapists Authors: Julia Hussien & Diane Ste-Marie
3:30pm – 3:45pm	Movements used in storytelling: Indigenous perspectives for motor learning Authors: Kathryn Anderson & Shannon Bredin

Friday October 13th, 2023

Poster Session 1 (Delta – Lakeview/Harbourview)

EXERCISE PSYCHOLOGY

1	Examining the effectiveness of coaching behaviour change techniques among university students with disabilities: A preliminary study Authors: Gabrielle D. Bedard, Olivia L. Pastore , Leah Freilich, & Shane N. Sweet
2	Patient-reported outcomes in cancer survivors: A single-subject exploratory experimental study of the effects of a yoga therapy intervention Authors: Jennifer Brunet, Julia Hussien, Anne Pitman, Nadia Polskaia, Amanda Wurz, Ellen Conte, & Dugald Seely
3	Developing a culturally relevant and feasible data collection protocol to measure physical activity, sleep, and sedentary time in high school students in Guadalajara, Mexico Authors: Alyssa Comfort, Ruth García Camarena, Juan Ricardo López y Taylor, Edtna Jáuregui Ulloa, Adán Vázquez Gutiérrez, & Lucie Lévesque
4	Social support in physical activity interventions for adults: An overview of reviews Authors: Bobbie-Ann P. Craig, Lindsay Morrison, Meghan H. McDonough, Catherine Sabiston, Erica Bennett, Isabelle Doré, Stephanie Won, Pamela Manzara, S. Nicole Culos-Reed, Cari Din, Jennifer Hewson, Sarah Kenny, Chantelle Zimmer, Amanda Wurz, Kari Stone, Sian Jones, Ann Toohey, Alexandra Giancarlo, Krista White, & Raynell McDonough
5	By the book: Examining diabetes prevention program coaches' session content delivery fidelity Authors: Kaela Cranston, Azar Bohlouli, Rebecca Reitsma, & Mary Jung
6	Associations between organized sport and mental health indices among post-secondary students experiencing disabilities: Social provisions and physical activity guideline adherence matters Authors: Melissa deJonge, Roxy O'Rourke, Amy Nesbitt, & Catherine Sabiston
7	Exploring the efficacy of affective mental contrasting versus goal setting on physical activity and psychological wellbeing in first year university students: An experimental study Authors: Lindsay Duncan & Erin Tatarnic
8	A step to building positive gym culture: Exploring gender and task self-efficacy differences in perceptions of a gym environment Authors: Alex Engel, Scott Rathwell, & Paige Pope
9	Physical activity and anxiety: Dose-response versus mindset? Authors: Bailey Gitzel, Darren Nickel, & Kevin S. Spink
10	Risk perception and physical activity during COVID-19 among male and female university students: Using an extended health belief model Author: Seiyong Park

EXERCISE PSYCHOLOGY	
11	We have the recipe, but are we following it? Assessing a diabetes prevention program's motivational interviewing fidelity Authors: Natalie Grieve, Kaela Cranston, Rebecca Reitsma, & Mary Jung
12	Are biased perceptions of exercise modifiable? A case study in reframing for women with Multiple Sclerosis Authors: Isabelle F. Hill & Sean Locke
13	Endorsing fitspiration media: Examining differential predictors of fitspiration believability for men and women Authors: Jesica Jabbar, Elaine Ori, Tanya Berry, & Sean Locke
14	Self-compassion, physical activity, cardiovascular risk, and frailty among middle-aged and older women in Canada: A cross-sectional study Authors: Sasha Kullman, Todd A. Duhamel, Daniel Schwade, & Shaelyn Strachan
15	An examination of older adults' social experiences predicting physical activity and psychological well-being trajectories during the COVID-19 pandemic Authors: Niana Lavallee, Meghan H. McDonough, Katie E. Gunnell, Jennifer Hewson, Sarah J. Kenny, & Chantelle Zimmer
16	Exploring the link between parental sociodemographic characteristics, parental concerns, and children's physical activity during the COVID-19 pandemic Authors: Eun-Young Lee, Ajaypal Bians, & Heejun Lim
17	"I was always at odds with my mother's expectations of me": How mothers shape queer daughters' body image and physical activity engagement throughout the life course Authors: Kassandra Welch, Erica V. Bennett, & Olivia Fischer

SPORT PSYCHOLOGY	
18	Return to ringette from the COVID-19 pandemic: An updated RE-AIM evaluation of Ringette Canada's small-area games guidelines Authors: Veronica Allan, Cailie S. McGuire, Mandy McCurdy, Erin Van Gulik, Luc J. Martin, & Jessica Fraser-Thomas
19	Using creative methods to explore girl-identifying youth sport spaces: A case study of Canadian Girls Baseball Authors: Tess Armstrong, Corliss Bean, & Dana Bookman
20	Athletes' willingness to communicate pain to their coach. A cross sectional study of Norwegian handball players Authors: Nils Petter Aspvik, Ingar Mehus, & Stig Arve Sæther

SPORT PSYCHOLOGY	
21	The influence of coaches' verbal and non-verbal immediacy on athletes' burnout and desire to continue to participate in sport Authors: Obidiah Atkinson, Jamie Brunsdon, Jacqueline Goodway, Dawn Anderson-Butcher, Sue Sutherland, Samantha Bates, & Anthony Amorose
22	A model of social influence in sports Authors: Markus Beier, Edda van Meurs, & Bernd Strauss
23	Exploring the associations between 'non-cognitive abilities', sport perfectionism, and passion for sport in competitive athletes Authors: Mishka Blacker & Philip Sullivan
24	The experience of videogame tilt, moods, and well-being in daily gamers: An ecological momentary assessment. Authors: Devin Bonk & Katherine Tamminen
25	Talent selection research in sports and business. A citation network analysis Authors: Birte Brinkmöller, Dennis Dreiskämper, Oliver Höner, & Bernd Strauss
26	Unveiling coach's perspective: Evidence-based recommendations for designing coach development programmes Authors: David M. Brown & Catherine M. Sabiston
27	Unlocking the power of groups in youth sport: A proof concept evaluation of the Together For Us (T4Us) intervention Authors: Mark Bruner, Colin McLaren, Meredith Schertzinger, Ian Boardley, Luc J. Martin, Richard Slatcher, Jean Côté, Justin Carré, Mathieu Simard, & Katrien Fransen
28	The role of expectations, attributions, and consequences in the appraisal of threat for upcoming competitions: an online and a field study Authors: Stephanie Buenemann, Charlotte Raue-Behlau, Katherine Tamminen, Maike Tietjens, & Bernd Strauss
29	Investigating the relationship between campus characteristics and help-seeking behaviours in Canadian varsity student-athletes Authors: Quinten Carfagnini & Philip Sullivan
30	A lack of empirical evidence on sport officials' mental health: a scoping review Authors: Tori Barbara Carter, Paul Gorczynski, Christopher Coady, Ian Cunningham, Duncan Mascarenhas, Philip Sullivan, Tom Webb, Lori Livingston, & David Hancock
31	The Dual Continuum Model of mental health: Investigating the difficulties of Canadian university student-athletes Authors: Joshua Gabriel Celebre & Philip Sullivan
32	Exploration of the mental health perceptions and experiences of current elite soccer players in India Authors: Dalima Chhibber & Leisha Strachan

SPORT PSYCHOLOGY	
33	The impact of demographic variables on recruitment and retention: Insights from Canadian basketball referees Authors: Christopher J. Coady, Ian J. Cunningham, & David J. Hancock
34	An exploratory analysis of talent selection in modern North American hockey goaltenders involved in a multiple entry draft pathway Authors: Ben Csiernik, Kathryn Johnston, Joseph Baker, & Nick Wattie
35	“What the hell’s happening to me”: A qualitative study of diet, exercise, and self-compassion in retiring student-athletes. Authors: Marina Cummiskey & Lindsay R. Duncan
36	A scoping review of female athletes’ psychosocial experiences of menstruation and the menstrual cycle. Authors: Rylan Rose Curtis, Megan Rachel Ifergan, & Katherine Anne Tamminen
37	How much do schools help? The contribution of school to children’s physical activity levels Authors: Bruno da Costa, Brenda Bruner, Graydon Raymer, & Barbi Law
38	Application of the Embodiment Model of positive body image and physical activity: A longitudinal study Authors: Matthieu Dagenais, Sean Locke, Phil Sullivan, Panagiota Klentrou, & Kimberley Gammage
39	Co-regulation of physiological arousal in social support interactions among university athletes: The role of co-rumination Authors: Chad Danyluck, Jeemin Kim, & Katherine Tamminen
40	Youth sport coaches’ perceptions of participating in the Transformational Coaching Workshop - A qualitative study Authors: Martin Erikstad, Rune Høigaard, Jean Côté, & Tommy Haugen
41	Canadian national sport organizations’ eating disorder-related policies and practice guidelines: A summative content analysis Authors: Olivia Feng & Lindsay Duncan
42	Is it the number of sports specific practice hours that contributes to attaining expertise or the pace at which these hours are accumulated? Authors: Daniel Fortin-Guichard & Joe Baker
43	Interprofessional collaboration in college athlete mental health care: Addressing the need for a competency-based framework of integrated care Authors: Paul Gorczynski, Matt Moore, Cindy Miller Aron, & Payton Bennett
44	The Sport Education Model: Enhancing personal skills, understanding of rules, and enjoyment in team handball lessons Authors: Melanie Gregg, Peter Hastie, & Hairui Liu

SPORT PSYCHOLOGY	
45	Exploring non-gender influences on sport participation among Transgender athletes Authors: Aidan Haghighi & Barbi Law
46	The NBA draft: Exploring NBA draft accuracy at the team and league level Authors: Ryan Hall, Garrett Blakey, Joe Baker, Kathryn Johnston, & Nick Wattie
47	Development and initial validation of the Transformational Coaching Scale Authors: Tommy Haugen, Rune Høigaard, Jean Côté, Jennifer Turnnidge, Andreas Stenling, & Martin Erikstad
48	Can savouring be used in elite sport to benefit athletes? Authors: Craig Hillier & Ben Schellenberg
49	The head or the heart: Emotions and cognitions influence on concussion prevention and management behaviors Authors: Jessica Malcolm, Fergal O' Hagan, Michael Jorgensen, & Simon Grasdøl

MOTOR CONTROL AND LEARNING	
50	Implicit and explicit adaptation just don't add up Authors: B. Marius 't Hart, Urooj Taqvi, Raphael Q. Gastrock, Jennifer E. Ruttle, Shanaathanan Modchalingam, & Denise Y.P. Henriques
51	Current accuracy is not always the best predictor of future accuracy: The consequences of dissociable bias and precision components Authors: Nour Al Afif, Brad McKay, Mariane F.B. Bacelar, Joshua G.A. Cashaback, & Michael J. Carter
52	A loud acoustic stimulus is less likely to elicit a startle reflex when presented through headphones Authors: Alex Bui & Anthony Carlsen
53	The effect of contextual cues on goal-directed reaches to multisensory targets Authors: Nick Butler, Sadiya Abdulrabba, & Gerome Manson
54	Getting close: Proximity of the hands affects target prioritization and movement execution in the gaze cueing paradigm Authors: Cassie Chan, Xiaoye Michael Wang, April Karlinsky, Merryn D. Constable, & Timothy N. Welsh
55	Exploring the rate of implicit and explicit learning in motor adaptation: Effects of rotation size, aiming strategy, and delayed feedback Authors: Sebastian D'Amario, B. Marius 't Hart, & Denise Henriques
56	An intense electrical stimulus elicits a startle reflex and a StartReact effect in unimanual movements irrespective of stimulus laterality Authors: Elias Daher & Anthony N. Carlsen

MOTOR CONTROL AND LEARNING	
57	Competitive processes in free-choice, action-based decisions: Effect of decisional uncertainty in an obstacle avoidance task Authors: Dominique Delisle-Godin & Pierre-Michel Bernier
58	Investigating implicit sensorimotor adaptation in a bimanual aiming task Authors: Gregg Eschelmuller, Annika Szarka, J. Timothy Inglis, & Romeo Chua
59	Investigating the motor strategies involved in handwriting and recall of unfamiliar text Authors: Anisa Hassan, Obaida Al Naib, Tina Imnaishvili, Jeffrey D. Wammes, & Gerome Manson
60	Visuomotor adaptation to a small mirror reversal perturbation Authors: Sarvenaz Heirani Moghaddam, Olivia Smith, Gerome Manson, & Erin Cressman
61	Going through the motions: The influence of motor reinstatement on recognition memory Authors: Tasha Ignatius, Gerome Manson, Jeffrey Wammes, & Randall Flanagan
62	Effects of tool use and perturbation during motor adaptation on hand localization Authors: Maryum Khan, Shanaathanan Modchalingam, Andrew King, B. Marius 't Hart, & Denise Henriques
63	Using tools as cues for dual adaptation to opposing visuomotor rotations in virtual reality Authors: Andrew King, Laura Mikula, Shanaathanan Modchalingam, B. Marius 't Hart, & Denise Henriques
64	Identifying optimal scheduling parameters for the application of motor imagery after physical practice to enhance learning Authors: Sara Klick, Celine Balay, Kelly Spriggs, & Sarah. N Kraeutner
65	"Putting" in the effort: Effects of gender on psychosocial outcomes of paired practice in a golf-putting task Authors: Eden Kozma, Judith Bek, Molly Brillinger, Nicola Hodges, April Karlinsky, Matthew Scott, Luc Tremblay, & Timothy Welsh
66	Are two hands better than one? A follow-up to Davoli and Brockmole's (2012) 'shielding' effect Authors: Brett Feltmate & Heather Neyedli

Saturday October 14th, 2023
Poster Session 2 (Delta – Lakeview/Harbourview)

EXERCISE PSYCHOLOGY

67	Mindset and physical activity: Examining the effects of physical activity history, physical activity guideline knowledge, and physical activity social comparison Authors: Bailey Gitzel, Kaitlyn Benko, Colin McLaren, & Kevin S. Spink
68	Identifying conceptual attributes of physical activity maintenance among adults with physical disability: Preliminary results of a configurative review Authors: Tayah M. Liska, M. Blair Evans, Kathleen A. Martin Ginis, & Shane N. Sweet
69	Physical activity in the management of serious mental illness: An overlooked resilience factor among transition-age youth Authors: Amy Nesbitt, Catherine Sabiston, Melissa DeJonge, Skye Barbic, Nicole Kozloff, & Emily Nalder
70	Optimizing staff and volunteer training at community-based exercise programs for persons with disabilities across Canada: A content analysis of quality participation being fostered in program training Authors: Natara J. Ng, Alexandra J. Walters, Amy E. Latimer-Cheung, & Jennifer R. Tomasone
71	The role of social support in predicting physical activity and wellbeing within the first year of giving birth Authors: Jenna Osborne & Sean Locke
72	Comparison of the impacts of PA beliefs on PA intention and behavior before and after COVID-19: Based on the Theory of Planned Behavior Author: Seiyong Park
73	Feasibility of a co-created yoga program for gynecologic cancer survivors implemented in a regional cancer support centre Authors: Jenson Price, Brooklyn Westlake, Mila Phongphilack, & Jennifer Brunet
74	Barriers and facilitators to physical activity participation for autistic individuals: A systematic review Authors: Sepehr Rassi, Rebecca Bassett-Gunter, & Jonathan Weiss
75	Exploring the physical activity experiences of adolescent girls through the lens of mental health and body image Authors: Sarah E. Ryan, Maryam Marashi, & Catherine M. Sabiston
76	Why can't I stick to my workout routine? A multi-factor approach to the study of self-regulation Authors: Eric Samtleben

EXERCISE PSYCHOLOGY	
77	Should we restrict evening physical activity among youth? The association between evening MVPA and sleep quality is modified by age among physically active youth from the Family Life, Activity, Sun, Health, and Eating Study Authors: Karen Sauve, Olivia De-Jongh González, & Louise C. Mâsse
78	Understanding physiotherapists' perspectives on promoting adherence to exercise rehabilitation for low back pain through a SDT lens Authors: Christopher Shields & Katie Richards
79	The need for TIDieR research translation: Assessing the reporting and implementation of diabetes prevention programs through a scoping review. Authors: Jenna Sim, Megan MacPherson, Cara Johnston, Kaela Cranston, Sarah Der, & Mary Jung
80	A secondary analysis of the impact of university students' primary exercise location on their perception of environmental factors within the gym Authors: Courtney Stevens, Alex Engel, Scott Rathwell, & Paige Pope
81	Disability-specific exercise prescription principles, learning opportunities and resources for exercise professionals to build competencies: A scoping review Authors: Alexandra Walters, Jennifer Tomasone, Jasmin Ma, Michele Chittenden, Jennifer Leo, Zach Weston, Dalton Wolfe, & Amy Latimer-Cheung
82	Unmasking the Cheerleader Effect: Body size perceptions among individuals presented in groups compared to alone Authors: Shi Lu Wang, Chris Pilienci, April Karlinsky, Madison F. Vani, Catherine M. Sabiston, & Timothy N. Welsh
83	Exploring the preferences and support needs of persons with sensory disabilities when working with qualified exercise professionals in an exercise context Authors: Meredith Wing, Alexandra Walters, Jennifer Tomasone, & Amy Latimer-Cheung

SPORT PSYCHOLOGY	
84	A content analysis of talent selection research in sports Authors: Birte Brinkmüller, Lennard Berning, Dennis Dreiskämper, Oliver Höner, & Bernd Strauss
85	Exploring coaches understanding of body image and weight inclusivity in youth sport: Implications for sport coach development and training Authors: David M. Brown, Andrew Alvarez, & Catherine M. Sabiston
86	Exploring the experiences of first-time ultramarathon athletes Authors: Kelsey Pamela Hogan & Lori Dithurbide

SPORT PSYCHOLOGY	
87	Elite cyclists' and sport directors' perceptions of the Road Captain in Pro Cycling: The hub of the team. Authors: Rune Høigaard, Karina Ass, & Derek M. Peters
88	An evaluation of a multi-year gender equity in sport program Authors: Caroline Hummell, Corliss Bean, Gabriela Estrada, Madison Danford, & Kaleigh Pennock
89	Parent-child co-participation in sport and physical activity: A scoping review Authors: Haley Hunter-Smith & Jean Côté
90	What do we know about stressors and coping among female athletes? A scoping review. Authors: Megan Rachel Ifergan, Rylan Rose Curtis, & Katherine Anne Tamminen
91	"There is always someone trying to get your ice time": Professional Ice Hockey Players' Perspectives on the Social Conditions for Creativity Authors: Ludvig Johan Torp Rasmussen
92	Taking role responsibility within individual sport environments Authors: Jeemin Kim, Michael Godfrey, Taylor Coleman, & Mark Eys
93	Exploring Canadian Student-athletes' perceptions of sleep and mental health Authors: Maxime Landry-Lurette, Bruno Goncalves Galdino da Costa, & Barbi Law
94	An exploration of Para sport administrators' role in disseminating knowledge related to classification Authors: Janet Lawson & Amy Latimer-Cheung
95	Exploring young peoples' experiences within a sport and livelihood program Authors: Natan Levi, Lyndsay Hayhurst, & Jessica Fraser-Thomas
96	360degree Leadership Feedback - diagnostics for Coaches in the German Gymnastics Federation (DTB) Authors: Maïke Tietjens, Sebastian Brückner, Ralf Lanwehr, Jasper Möllmann, Cornelius Reh, Tobias Samol, & Bernd Straus
97	Mental health and performance support in Canadian varsity sport: Current trends and promising practices Authors: Jessica Malcolm, Fergal O'Hagan, & Simon Grasdøl
98	Perceived benefits of curling in older Canadian women Authors: Alia Mazhar, Shruti Patelia, & Joe Baker

SPORT PSYCHOLOGY	
99	The relationship between resilience and well-being in post-secondary student-athletes and non-athletes Authors: Mikayla McEwan, Philip Sullivan, & Corliss Bean
100	Social identity and resilience in competitive youth sport Authors: Colin D. McLaren, Meredith Schertzing, Mathieu Simard, & Mark W. Bruner
101	Enhancing impact: A systematic review of implementation science in sport psychology research Authors: Bryan McLaughlin, Kathryn Johnston, Magdalena Wojtowicz, Joseph Baker, & Nick Wattie
102	International positive youth development (PYD): Project SCORE in a Portuguese setting Authors: Jason Mergler, Marta Ferreira, Leisha Strachan, Dany J. MacDonald, Fernando Santos, & Jean Côté
103	The impact of teammate interactions on team cohesion in collegiate athletics Authors: Rebecca Misiasz, Todd M. Loughhead, Katherine E. Hirsch
104	A coach's self-initiated professional development across a ski season: How mentorship and adult athletes' input supported the use of adult-oriented coaching practices Authors: Derrik Motz, Catalina Belalcazar, Bettina Callary, Scott Rathwell, & Bradley W. Young
105	Personal Construct Theory and parents' perceptions of developing girls through sport Authors: Amy Posel, Elena Pinkerton, Alex Murata, & Jean Côté
106	Toward the development of a subgroup questionnaire in sport Authors: Mitchell Profeit, Blair M. Evans, Cailie McGuire, Alex Benson, Mark W. Bruner, & Luc J. Martin
107	Perceptual-cognitive performance of baseball players with varying level of expertise Authors: Fabian Alberto Romero Clavijo, Thomas Romeas, & Maxime Trempe
108	Perceived support in the rehabilitation process among female elite handball players Authors: Stig Arve Sæther, Lina Marie Johansen Torvik, Nils Petter Aspvik, & Rune Høigaard
109	Identifying and investigating Canadian spinal cord injury (SCI) adaptive sports (AS) community-based organizations (CBOs) that engage in research partnerships Authors: Ana Valeria Sanchez, Emily Giroux, Jessica Bassett-Spiers, Christopher B. McBride, Barry Munro, & Heather L. Gainforth
110	Evaluation of a tennis program for children and youth with Autism Spectrum Disorder using the Quality Participation Framework Authors: Zachary Scanlan, Kelly P. Arbour-Nicitopoulos, & Katherine A. Tamminen
111	Using the social identity approach to understand pro-social and anti-social moral behaviour toward teammates in competitive youth soccer Authors: Meredith Schertzing, Colin D. McLaren, Mathieu Simard, Katrien Fransen, & Mark W. Bruner

SPORT PSYCHOLOGY	
112	Predictive validity of pattern recall skills for talent selection in handball Authors: Jorg Schorer, Rebecca Rienhoff, Lennart Fischer, Till Koopmann, & Joe Baker
113	Scoping review protocol of sport research partnership literature: Identifying opportunities, challenges, and areas of need Authors: Majidullah Shaikh, Heather L. Gainforth, & Karl Erickson
114	The person before the player: Is mental health support a missing piece in the eyes of elite athletes? Authors: Christopher Shields & Rachael Manning
115	Communication as a factor for uptake of intraorganizational accessibility and inclusivity initiatives Authors: Rayona Silverman, Emilie Michalovic; Mikaeli Cavell, Kaitlyn Kauffeldt, Jennifer Tomasone, & Amy Latimer-Cheung
116	Mental health concerns and parental help-seeking in elite youth sport: A systematic review Authors: Jordan Sutcliffe, Daisy (Fang-Chu) Kuo, & Katherine Tamminen
117	Factors impeding academic performance in Canadian student-athletes Authors: Nate Taylor, Mia Landry, & Philip Sullivan
118	The role of athletes' personality on talent identification and development: A pilot project in university sport Authors: Rafael Tedesqui, Shayne MacDonald, Pascale Desmarais, Andrew Phillips, & Tomas Kaufman
119	Facilitators and barriers for female sport officials in male-dominated sport Authors: Alice Theriault & David Hancock
120	What about women coaches? A retrospective examination of barriers and facilitators that affect leadership progression Authors: Tiffany Tse, Alex Murata, Beth Barz, & Jean Côté
121	'If you've got a fire, you can rekindle it': Learning how to re-engage in sport following a lapse through a multiple-case study of Masters athletes Authors: Zakry Walsh, Derrik Motz, Stéphanie Turgeon, & Scott Rathwell
122	Mental health and self-compassion among the performing arts Author: Courtney Walton
123	"I still have that athlete soul": Storying identity and pain in retired athletes Authors: Cassandra A. Welch, Erica V. Bennett, Andrea Bundon, & Guy Faulkner
124	Developing questionnaire Items for assessing gender-inclusive body ideals Authors: Mikyung Lee & Eun-Young Lee

SPORT PSYCHOLOGY	
125	Ripple effect: A case study exploring how one program catalyzed another initiative working to improve gender equity in Canadian sport. Authors: Morgan Rogers, Cari Din, & Penny Werthner

MOTOR CONTROL AND LEARNING	
126	Response-switching costs occur when unconsciously changing the control mode for performing essentially the same task Authors: Alex Bui, Dana Maslovat, Allison Bui, & Anthony Carlsen
127	Tactile suppression is enhanced following a startling acoustic stimulus Authors: Elias Daher & Anthony N. Carlsen
128	Assessing balance and functional movement among adults participating in a movement program in an Indigenous community: An observational study Authors: Jacqueline C. Ladwig, André Bussi�res, Steven Passmore, Patricia Tavares, Deborah Kopansky-Giles, Jennifer Ward, Elena M. Broeckelmann, Scott Haldeman, & Cheryl M. Glazebrook
129	The relationship between perceived competence and intrinsic motivation and motor skill retention: An exploratory analysis Authors: Mikayla Lalli, Laura St. Germain, Brad McKay, & Michael J. Carter
130	Are bilateral motor planning impairments during reverse visually guided reaching evidence of cognitive-motor impairment or a motor control strategy among stroke survivors and older adults? Authors: Beverley Larssen, Brian Greeley, & Lara Boyd
131	The impact of exercise-induced muscle damage on online control of upper limb goal directed actions Authors: Jasmyn Lee, Joshua Aragone Chiriboga, Ryan Chen, Sarvenaz Heirani Moghaddam, & Gerome Manson
132	Effects of immersive visual environment-change cues on motor learning during a virtual-reality target hitting task Authors: Shanaa Modchalingam, Andrew King, & Denise Henriques
133	“Can life truly imitate art?”: Imitation of non-human actors and anthropomorphization Authors: Winter Cecile Alexandra Muise, Timothy Welsh, Luc Tremblay, & Joyce Chen
134	Influence of handedness on Fitts’ relationship when movements are imagined and perceived Authors: Aarohi Pathak, April Karlinsky, Ying Bai, Molly Brillinger, Xiaoye Michael Wang, Emma Gowen, Ellen Poliakoff, & Tim Welsh

MOTOR CONTROL AND LEARNING	
135	With or without feedback: Implicit sequence learning relies on visuospatial coding regardless of the presence of auditory feedback during practice Authors: Calvin D. Reimer, Elena M. Broeckelmann, & Cheryl M. Glazebrook
136	The type 1 submovement conundrum: an investigation into the function of velocity zero-crossings within two-component aiming movements Authors: James Roberts & Digby Elliot
137	Preferential cup size as a predictor of end state comfort in children Authors: Danielle Salters & Sara Scharoun Benson
138	Does saccadic adaptation transfer to non-adapted pointing movements? Authors: Annika Szarka, Gregg Eschelmuller, J. Timothy Inglis, & Romeo Chua
139	Examining interhemispheric inhibition during the simultaneous combination of multiple action states Authors: Kyle Vallido, Kelly Spriggs, Carrie Peters, Matthew Scott, Nicola Hodges, & Sarah Kraeutner
140	Investigating implicit and explicit contributions to dual visuomotor adaptation Authors: Mary-Anne Vinh & Erin K. Cressman
141	Optimizing MediaPipe for the assessment of hand trajectories using a touchscreen shape-tracing task Authors: Vaidehi Wagh & Sarah Kraeutner